

# **Genetic influences underlying early language development and their links with later-life traits**

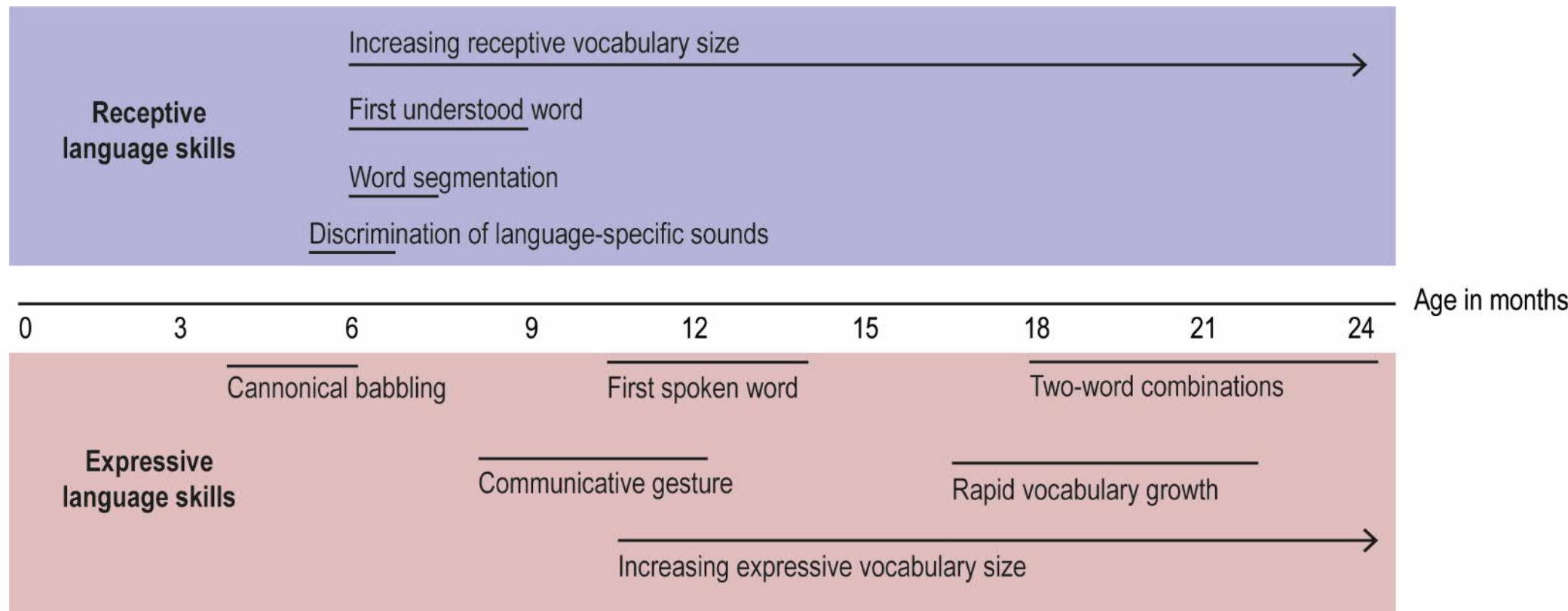
**Dr. Ellen Verhoef**

Population Genetics of Human Communication research group  
Language and Genetics department  
Max Planck Institute for Psycholinguistics

MPI staff meeting  
19 September 2023



# Language development in infants and toddlers



# Vocabulary size in young children

- Parental questionnaires
  - MacArthur Communicative Development Inventories
  - Language Development Survey
- Age-specific word lists (~100 - 700 words)

Item	Say	Understand
Ball	x	
Tree		x
Dog	x	x

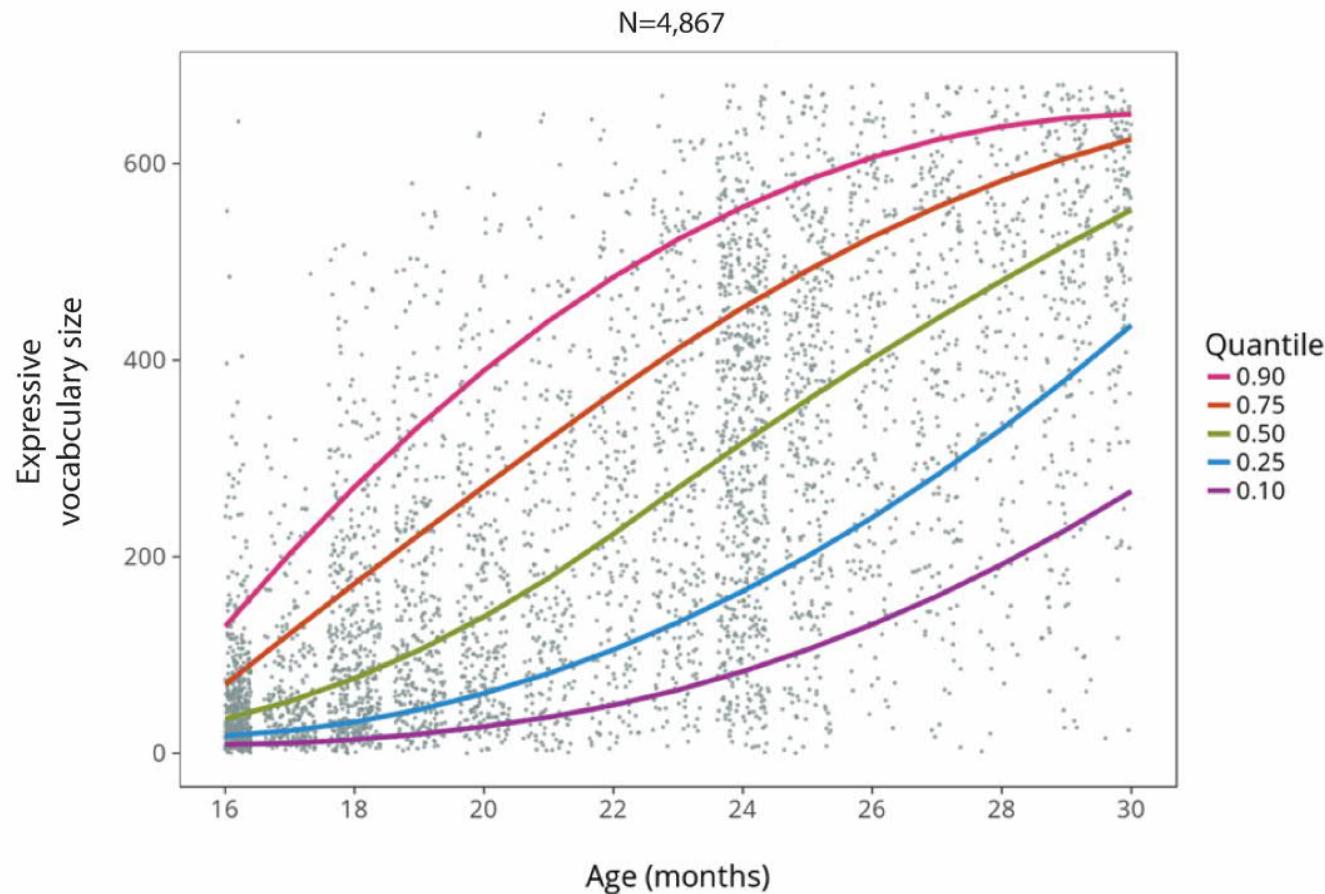
- Relatively easy to assess → large sample sizes

Fenson et al. Singular Publishing. 1993  
Rescorla et al. Journal of Speech and Hearing Disorders. 1989

2

M A X  
P L A  
N C K

# Individual differences in vocabulary size



Cross-sectional MacArthur-Bates Communicative Development Inventory expressive vocabulary data (N=4,687) based on English-speaking children between 16-30 months of age. Data were downloaded from the Wordbank.

Wordbank: an open repository for developmental vocabulary data. *J Child Lang* 44, 677–694 (2017)



## Individual differences in language development and our DNA

Are individual differences in early-life vocabulary size (partially) attributable to genetic variation?

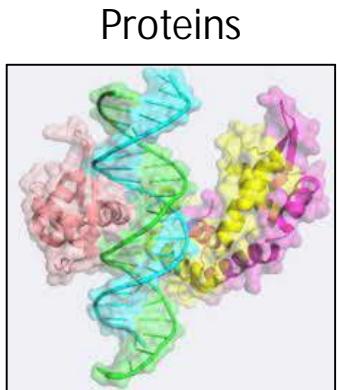
Are the same genetic influences related to vocabulary size throughout early development?

Do early-life vocabulary and later cognition-related abilities share genetic influences?

Are genetic influences related to early-life vocabulary associated with childhood-onset neurodevelopmental conditions (NDCs)?



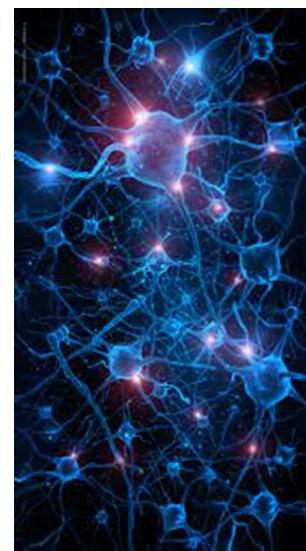
DNA



Proteins



Cells



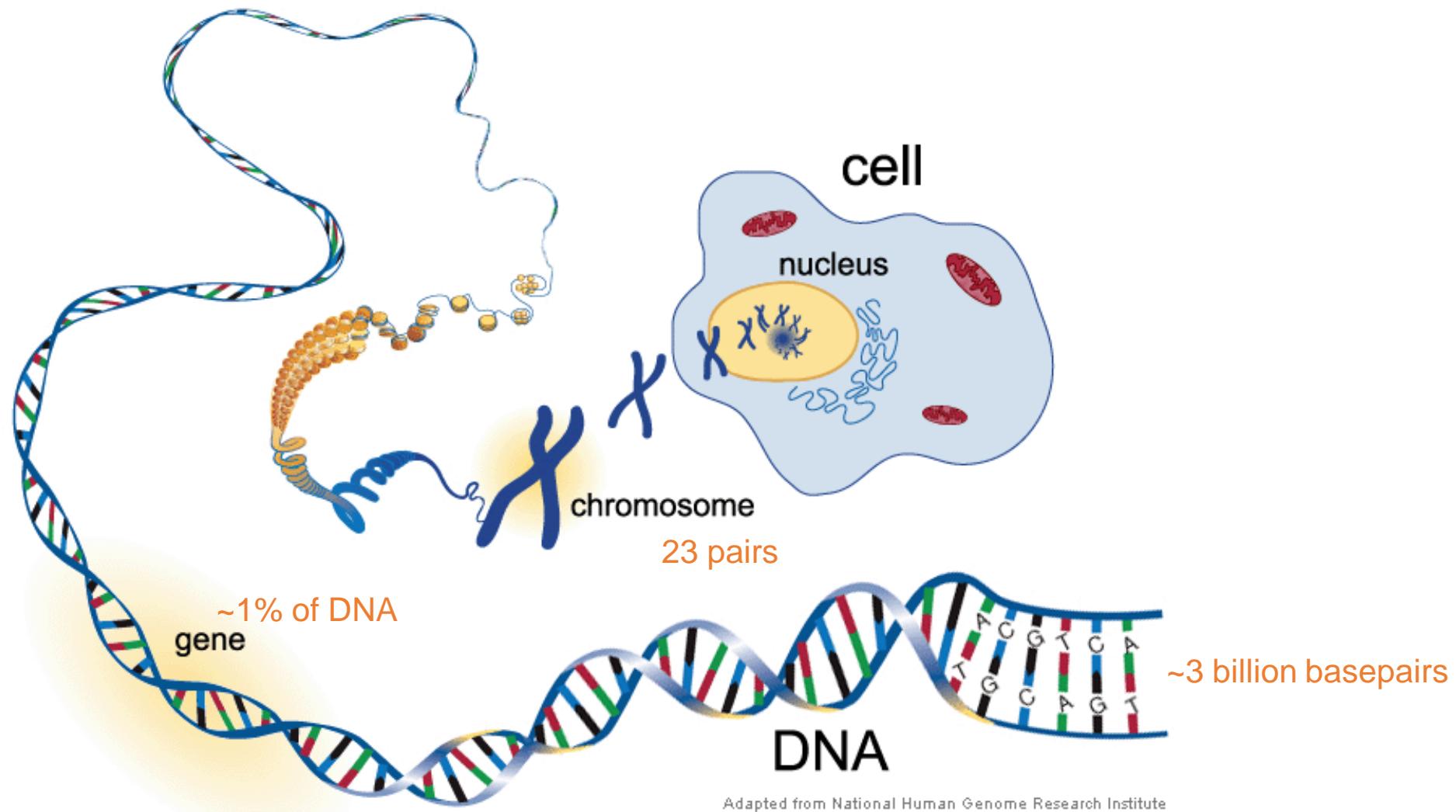
Cellular  
networks



Brain



Language skills



Adapted from National Human Genome Research Institute

# Single-Nucleotide Polymorphism (SNP)

- Same genetic code at majority of bases in our genome
- ~ 85 million sites where differences occur



**Size:** one basepair  
**Frequency:**  $\geq 1\%$   
**Effect:** very small

*The 1000 Genomes Consortium, Nature, 2015*

Are individual differences in early-life vocabulary size  
(partially) attributable to genetic variation?

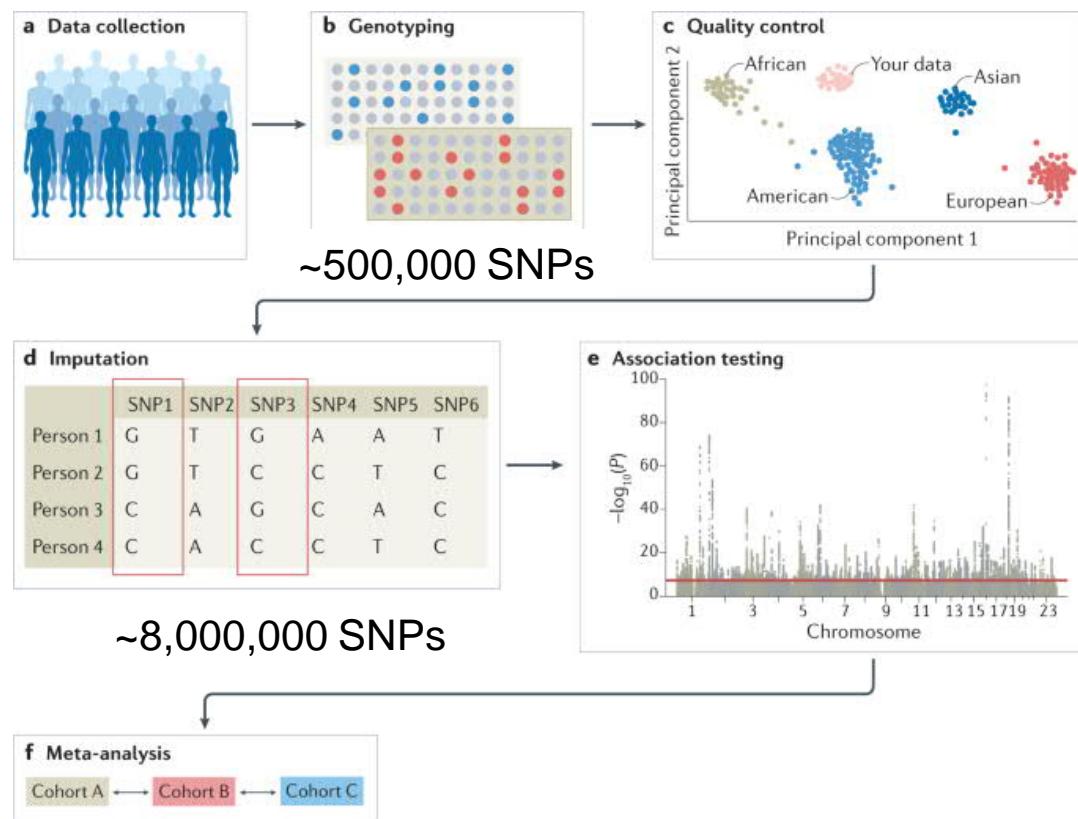


Per SNP



Across all SNPs

# Genome-wide association study (GWAS)



**Linear regression**  
Phenotype ~ genotype

**Output: summary statistics**

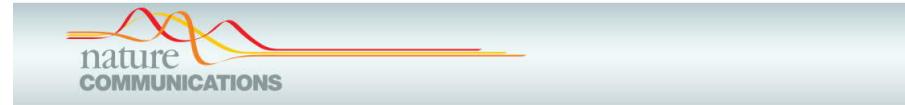
SNP	Beta(SE)	P
rs1	-0.11(0.022)	9.5x10 <sup>-7</sup>
rs2	0.081(0.020)	6.2x10 <sup>-5</sup>

Uffelmann et al. Nat. Rev. Methods. 2021

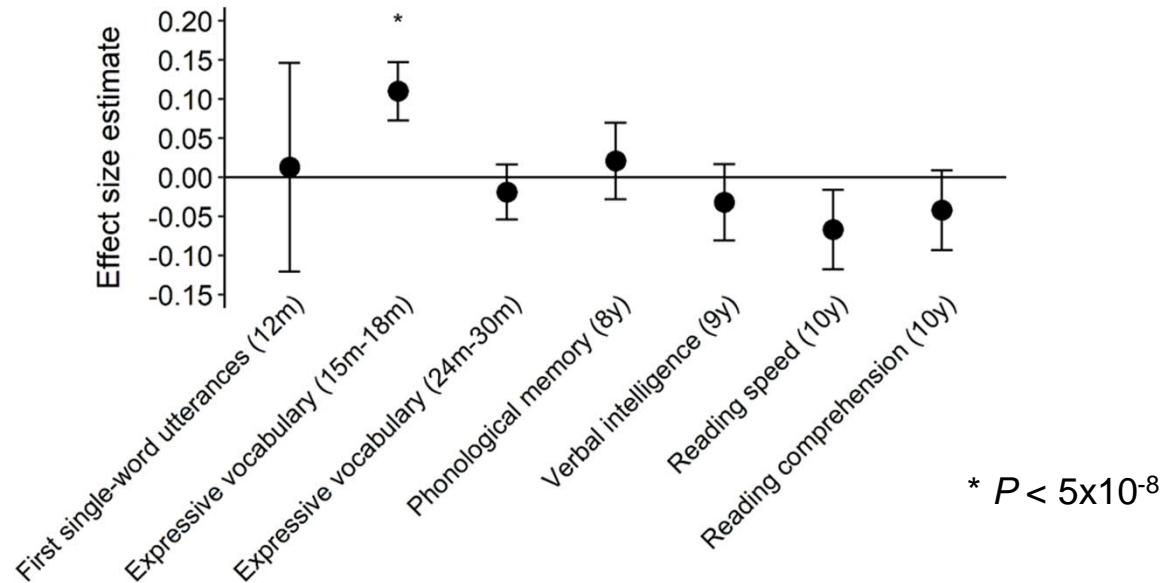
10

M	A	X
P	L	A
N	C	K

# SNP-vocabulary GWAS



rs7642482



## ARTICLE

Received 15 Jan 2014 | Accepted 28 Jul 2014 | Published 16 Sep 2014

DOI: 10.1038/ncomms5831

OPEN

## Common variation near ROBO2 is associated with expressive vocabulary in infancy

Beate St Pourcain<sup>1,2,3,\*</sup>, Rolieke A.M. Cents<sup>4,5,\*</sup>, Andrew J.O. Whitehouse<sup>6,\*</sup>, Claire M.A. Haworth<sup>7,8,\*</sup>, Oliver S.P. Davis<sup>8,9,\*</sup>, Paul F. O'Reilly<sup>8,10</sup>, Susan Roulstone<sup>11</sup>, Yvonne Wren<sup>11</sup>, Qi W. Ang<sup>12</sup>, Fleur P. Velders<sup>4,5</sup>, David M. Evans<sup>1,13,14</sup>, John P. Kemp<sup>1,13,14</sup>, Nicole M. Warrington<sup>12,14</sup>, Laura Miller<sup>13</sup>, Nicholas J. Timpson<sup>1,13</sup>, Susan M. Ring<sup>1,13</sup>, Frank C. Verhulst<sup>5</sup>, Albert Hofman<sup>15</sup>, Fernando Rivadeneira<sup>15,16</sup>, Emma L. Meaburn<sup>17</sup>, Thomas S. Price<sup>18</sup>, Philip S. Dale<sup>19</sup>, Demetris Pillas<sup>10</sup>, Anneli Yliherva<sup>20</sup>, Alina Rodriguez<sup>10,21</sup>, Jean Golding<sup>13</sup>, Vincent W.V. Jaddoe<sup>4,15,22</sup>, Marjo-Riitta Jarvelin<sup>10,23,24,25,26</sup>, Robert Plomin<sup>8</sup>, Craig E. Pennell<sup>12</sup>, Henning Tiemeier<sup>5,15,\*</sup> & George Davey Smith<sup>1,13</sup>

St Pourcain *et al.* *Nature Communications*. 2014

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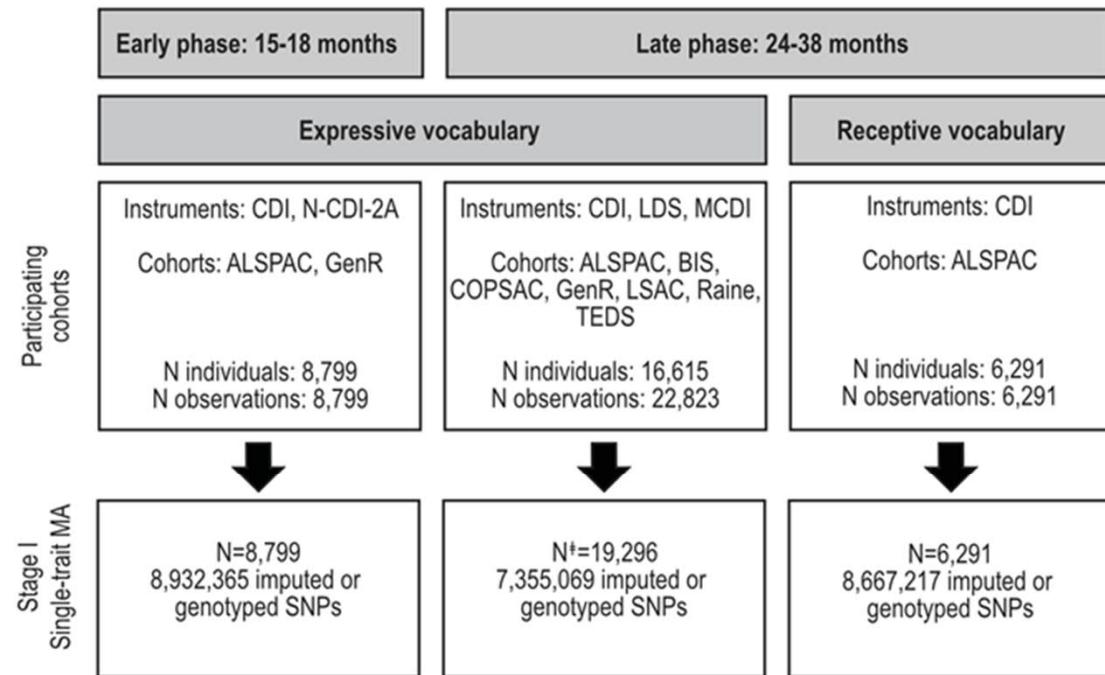
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P L A  
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# SNP-vocabulary GWAS

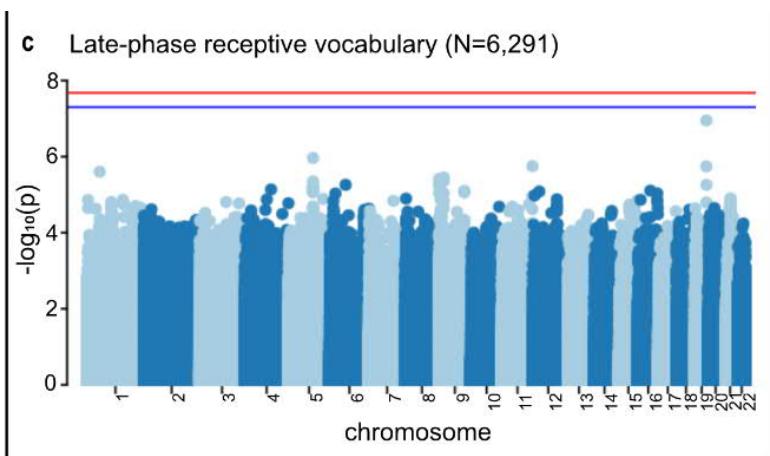
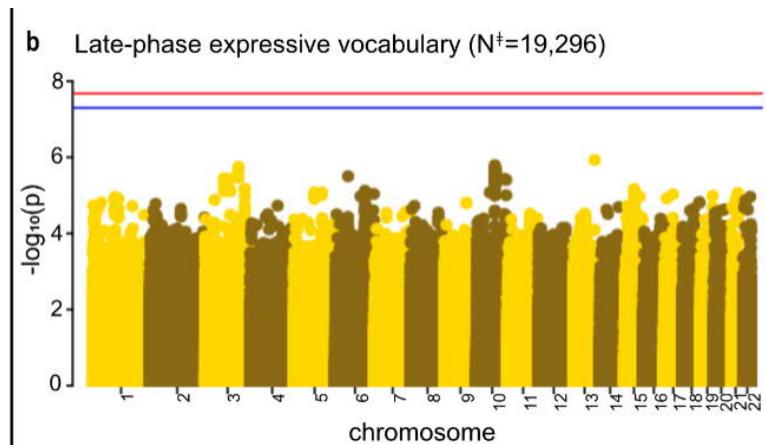
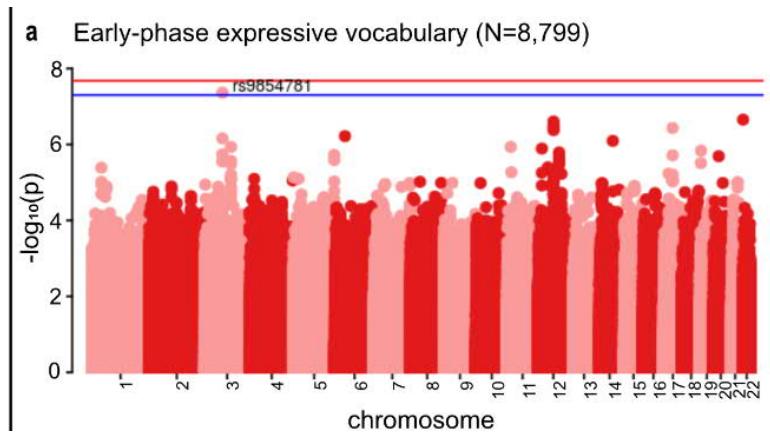
- ~50% sample size increase
- Multivariate approach to maximize statistical power
- More detailed study of lower frequency variants (0.5-1%)
- Inclusion of receptive vocabulary



# SNP-vocabulary GWAS



# SNP-vocabulary GWAS



—	$P < 2.1 \times 10^{-8}$
—	$P < 5 \times 10^{-8}$

Are individual differences in early-life vocabulary size  
(partially) attributable to genetic variation?



**Per SNP**

Yes, but effects are  
very small



**Across all SNPs**

# Heritability

The phenotypic variance ( $\sigma_P^2$ ) explained by genetic variance ( $\sigma_G^2$ )

$$h^2 = \sigma_G^2 / \sigma_P^2$$

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The phenotypic variance ( $\sigma_P^2$ ) explained by genetic variance ( $\sigma_G^2$ )

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## Twin heritability

The proportion of phenotypic variance explained by all genetic variance

# Heritability

The phenotypic variance ( $\sigma_P^2$ ) explained by genetic variance ( $\sigma_G^2$ )

$$h^2 = \sigma_G^2 / \sigma_P^2$$



## Twin heritability

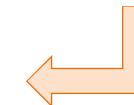
The proportion of phenotypic variance explained by all genetic variance



## Single-Nucleotide Polymorphism (SNP) heritability

The proportion of phenotypic variance explained by common genetic influences

Variation in DNA present in >1% population  
500,000 SNPs across genome



# Heritability

The phenotypic variance ( $\sigma_P^2$ ) explained by genetic variance ( $\sigma_G^2$ )

$$h^2 = \sigma_G^2 / \sigma_P^2$$

**Expressive vocabulary**  
(15-38m)



**Receptive vocabulary**  
(14-38m)



St Pourcain et al. Nat Comm. 2014; Hayiou-Thomas et al. Dev Sci. 2012; Dionne et al. Child Development. 2003; Dale et al. Journal of Child Language. 2000;  
Reznick et al. Monogr Soc Res Child Dev. 1997; Verhoef et al. PLOS Genet. 2021

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M	A	X
P	L	A
N	C	K

# Heritability

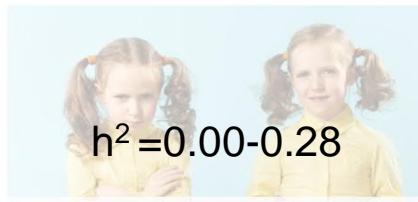
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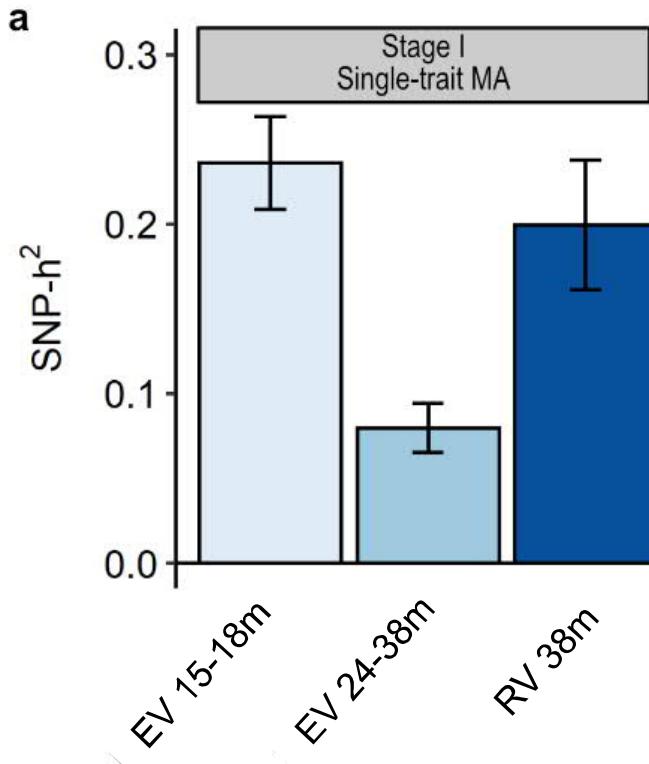
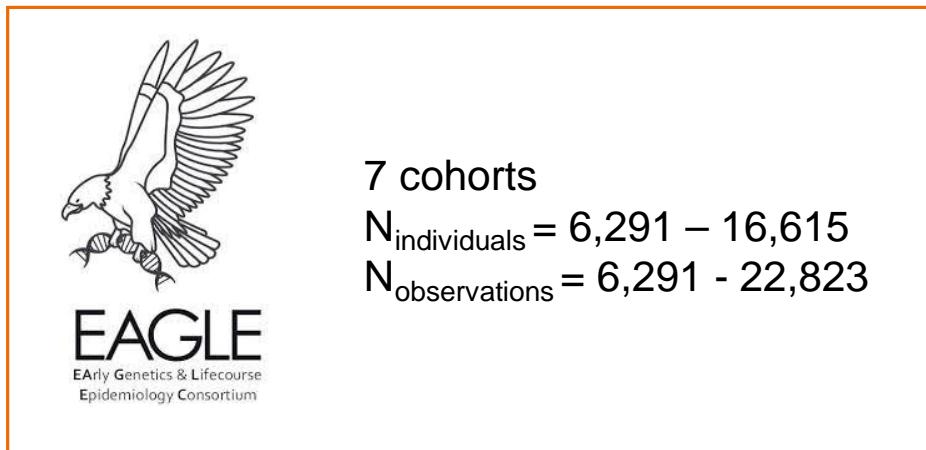
20

M	A	X
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N	C	K

# Heritability

The phenotypic variance ( $\sigma_P^2$ ) explained by genetic variance ( $\sigma_G^2$ )

$$h^2 = \sigma_G^2 / \sigma_P^2$$



Verhoef et al. *BioRxiv*. 2022

Are individual differences in early-life vocabulary size  
(partially) attributable to genetic variation?



### Per SNP

Yes, but effects are  
very small



### Across all SNPs

Yes, ~10-20% of the  
variance

Are the same genetic influences related to vocabulary size throughout early development?

# Genetic influences across vocabulary development

- DNA code is (relatively) stable throughout life
- Genetic associations with a certain phenotype do not have to be stable.
  - Gene expression patterns change over time (*Li et al. 2018*)
  - Different underlying biological processes (*Plomin & Deary, 2015*)
  - Environmental variance changes (*Haworth et al. 2010*)

# Genetic influences across vocabulary development

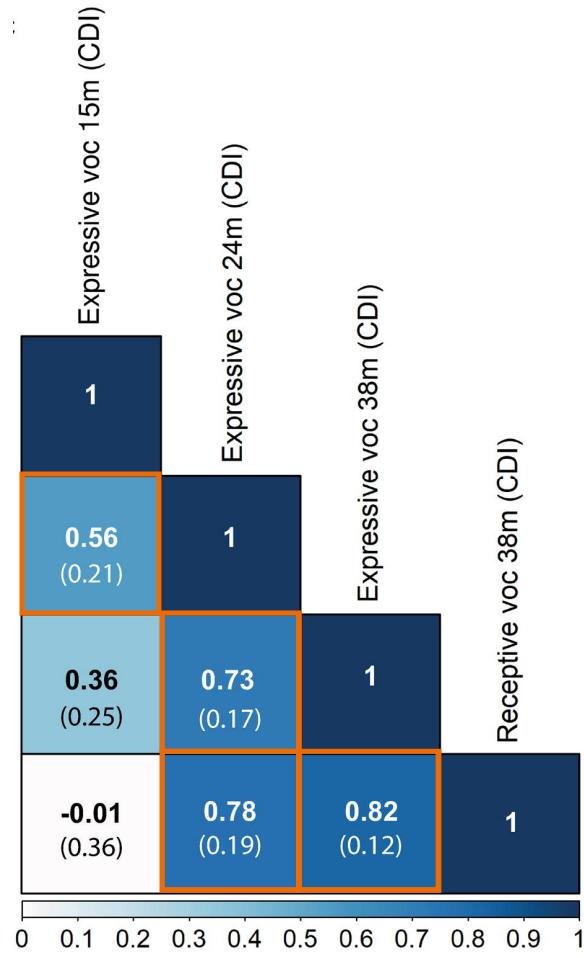
**Genetic correlation** (between 2 phenotypes)

The extent to which two phenotypes are influenced by the same genetic variation

Values range from

- 1: all genetic variation is shared, with the same direction of effect
- 0: no genetic variation is shared
- 1: all genetic variation is shared, with opposite direction of effect

# Genetic influences across vocabulary development



## Genetic correlations

Avon Longitudinal Study of Parents and Children  
 $6,014 \leq N \leq 6,524$

CDI Words & Gestures (abbreviated) - 15 months  
 CDI Words & Sentences (abbreviated) - 24 & 38 months

SNP data

Verhoef et al. PLOS Genet. 2021

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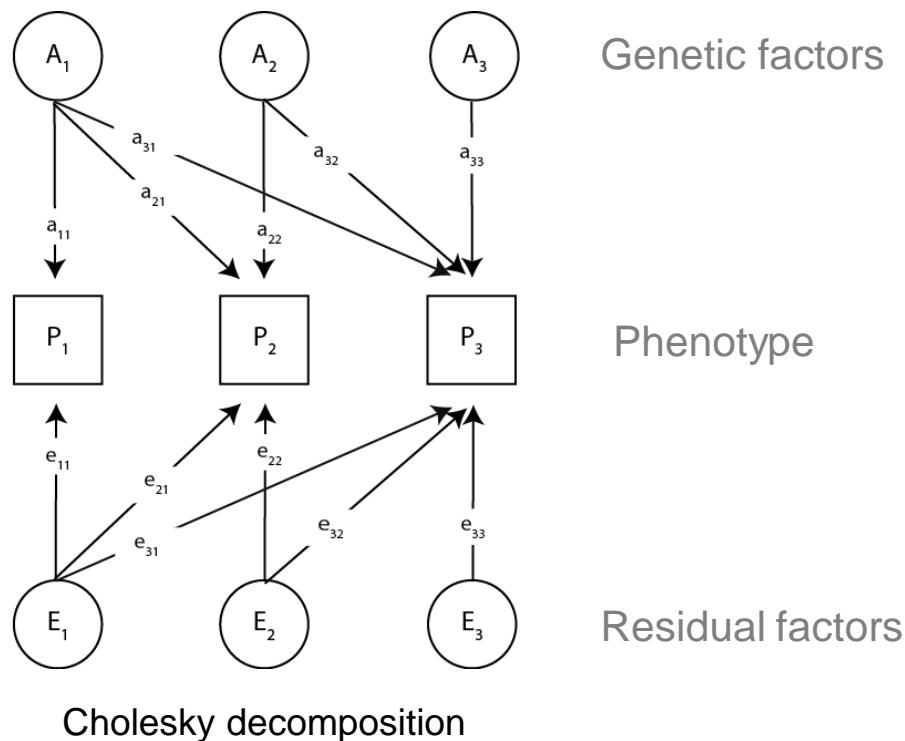
M A X  
P L A  
N C K

# Genetic influences across vocabulary development



## Genetic-relationship-matrix structural equation modelling (grm-sem)

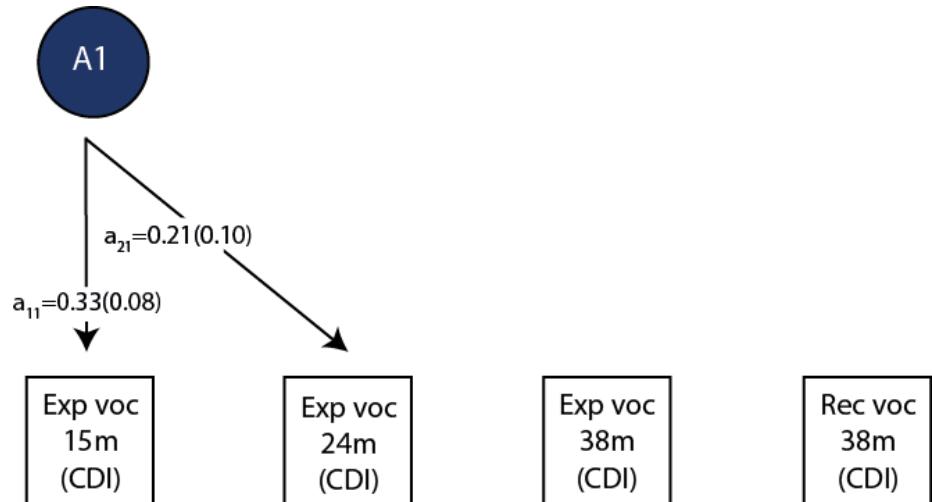
Multivariate methodology that allows to simultaneously examine genetic relationships for  $\geq 2$  traits



*St Pourcain et al. Biological Psychiatry. 2018*  
<https://gitlab.gwdg.de/beate.stpourcain/grmseml>

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M	A	X
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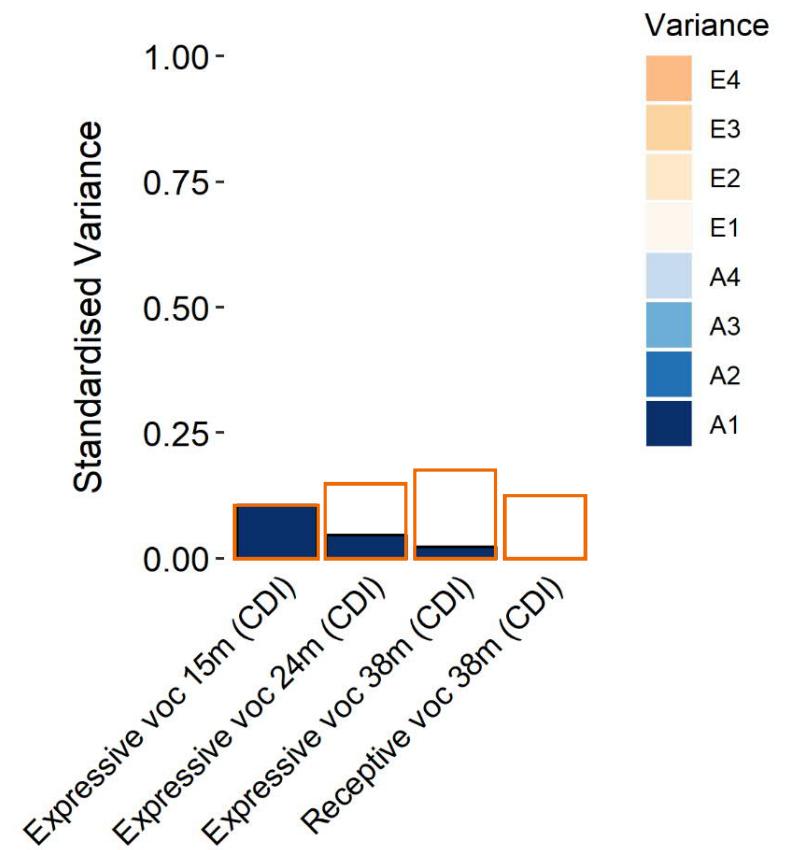
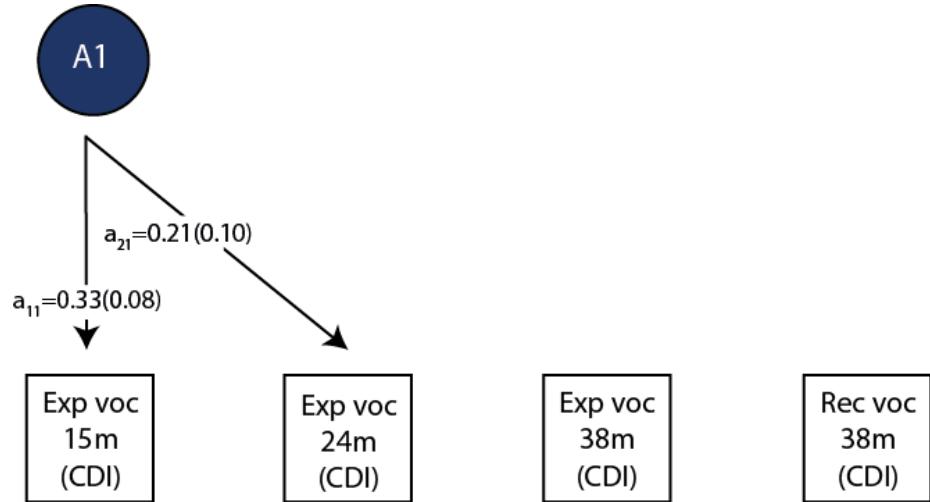


Paths are shown for path coefficients  $P<0.05$  only

Verhoef et al. PLOS Genet. 2021

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M A X  
P L A  
N C K

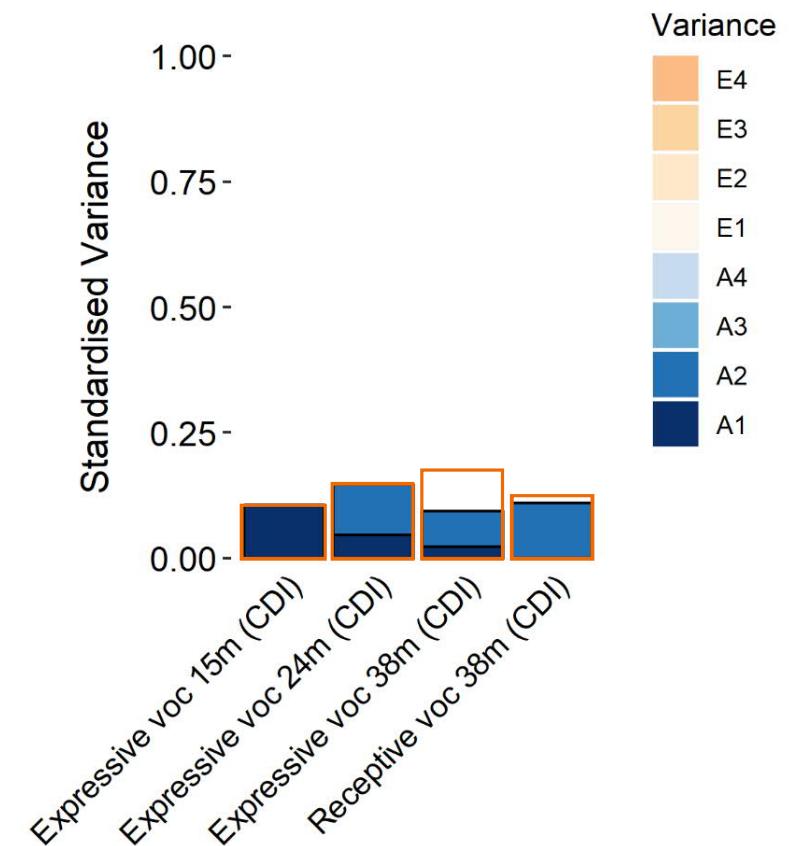
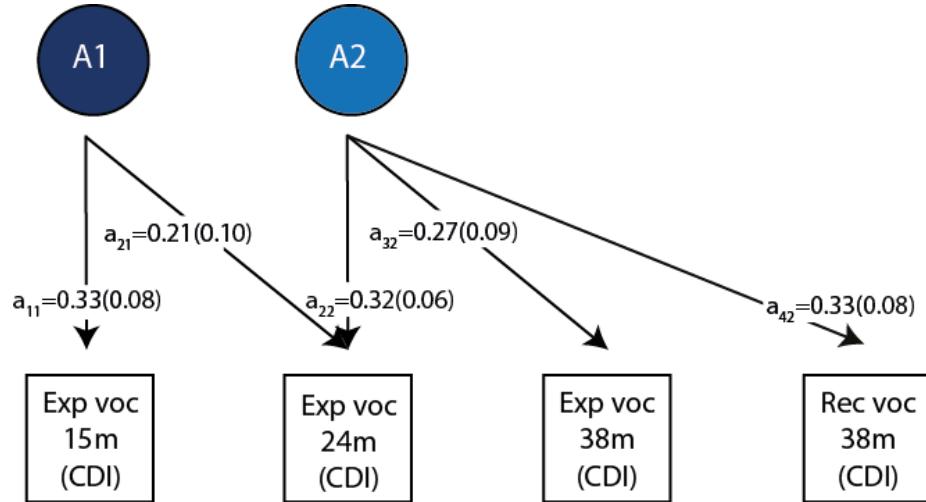


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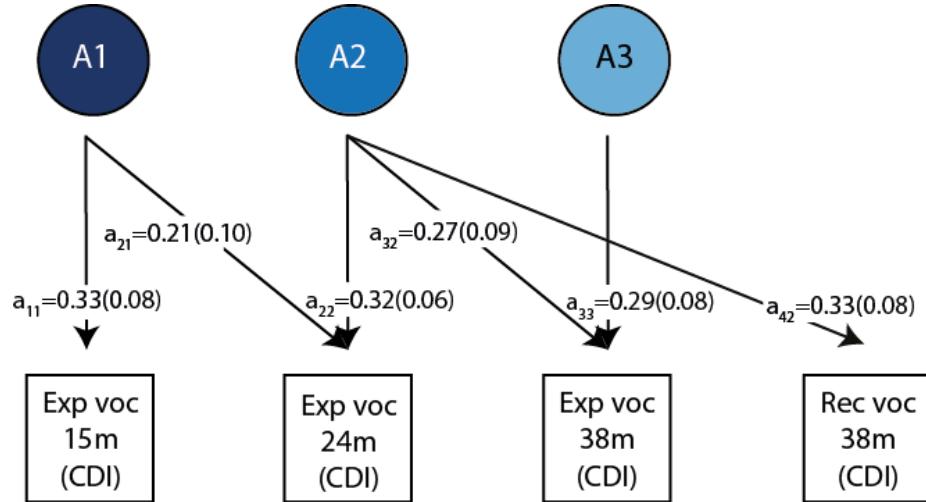
Verhoef et al. PLOS Genet. 2021

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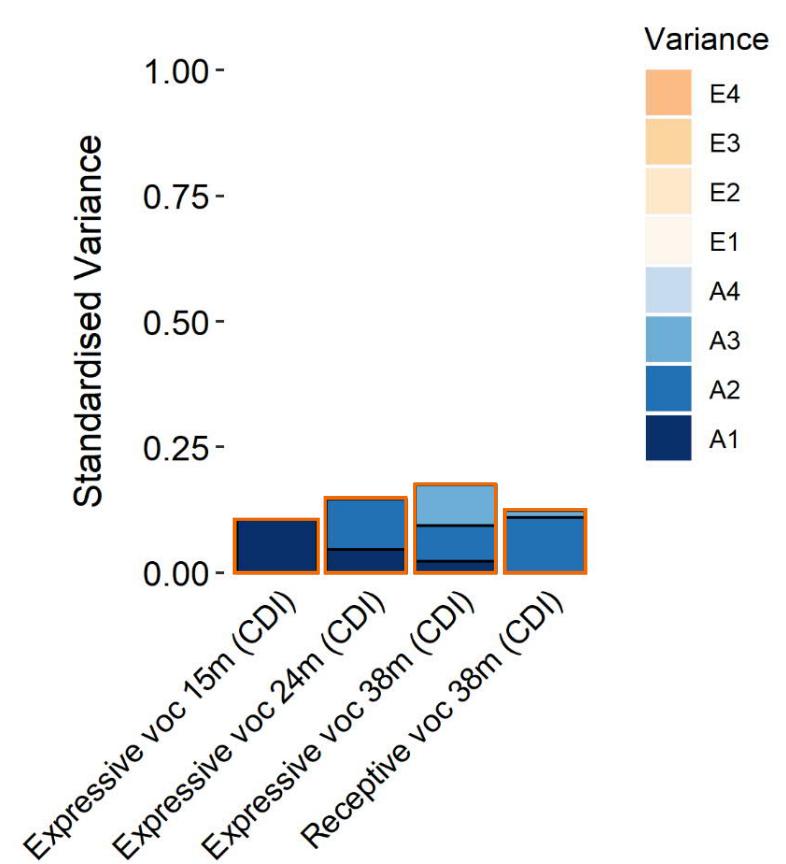
M A X  
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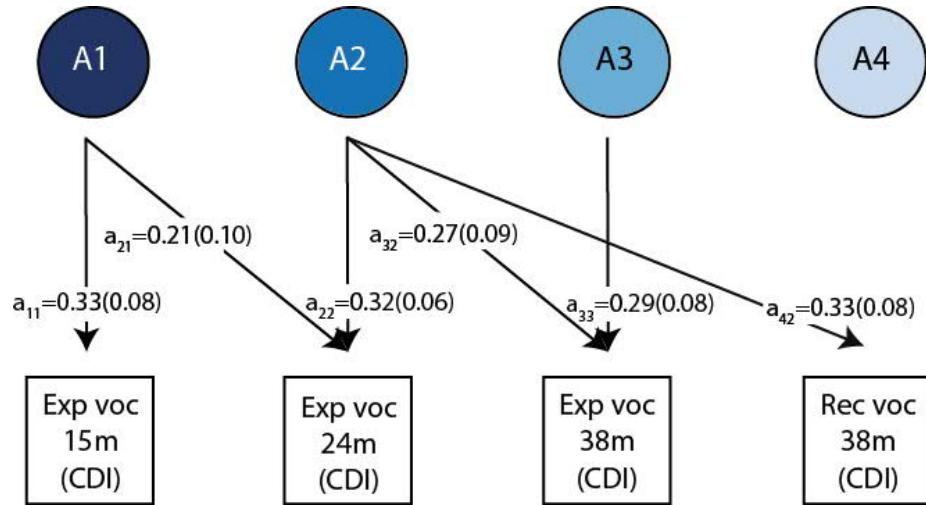


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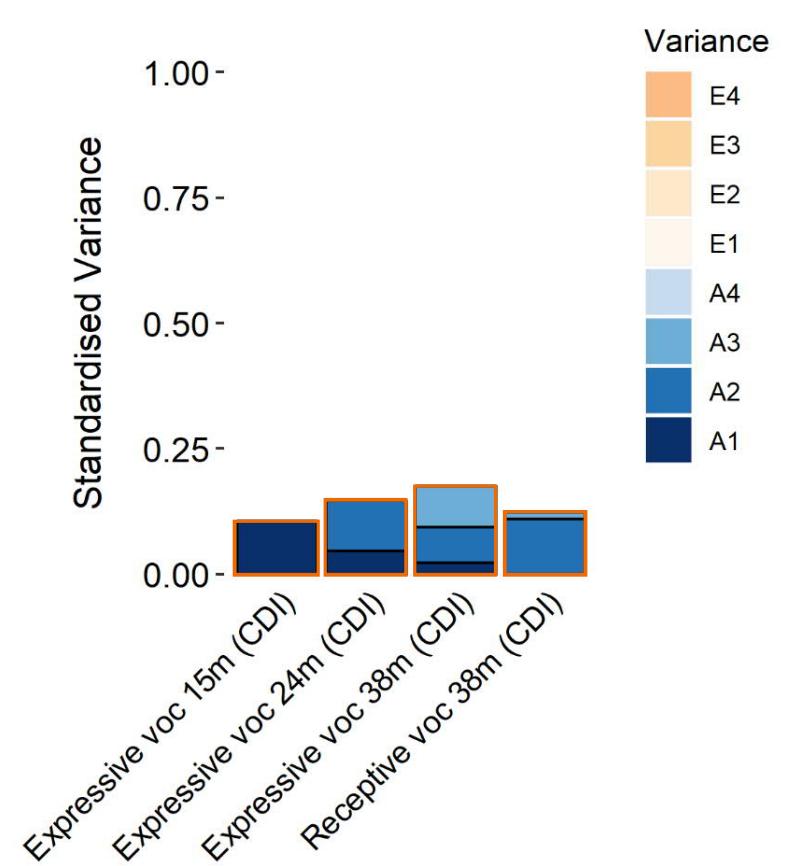


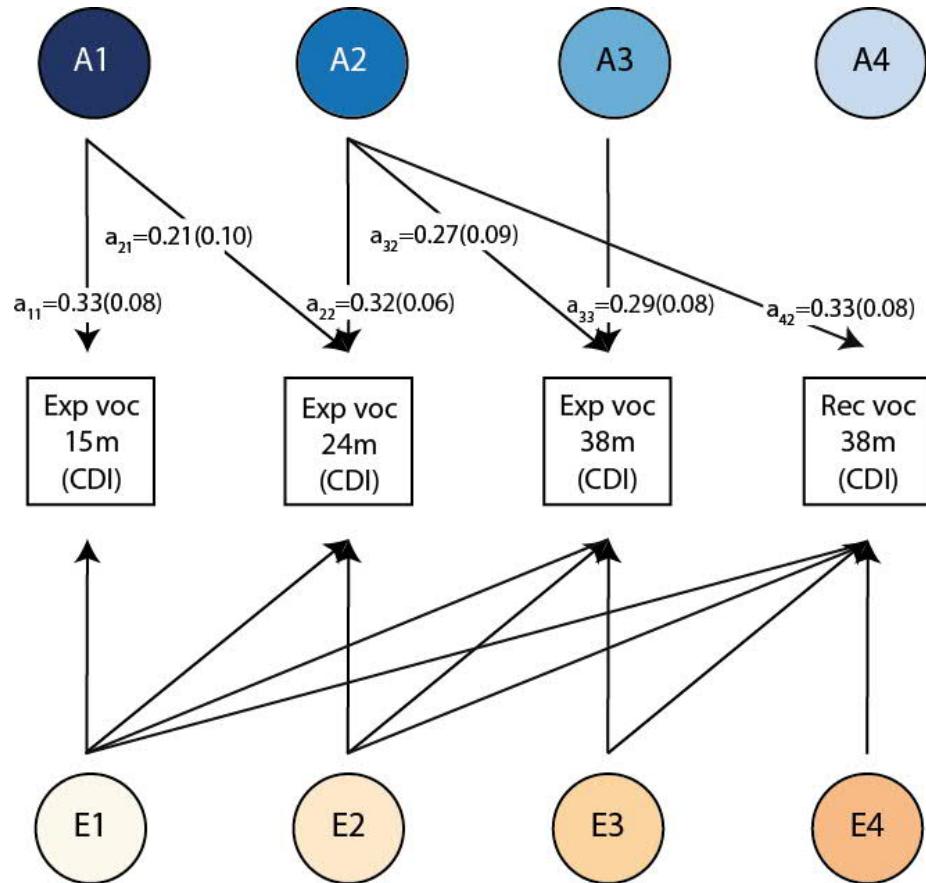
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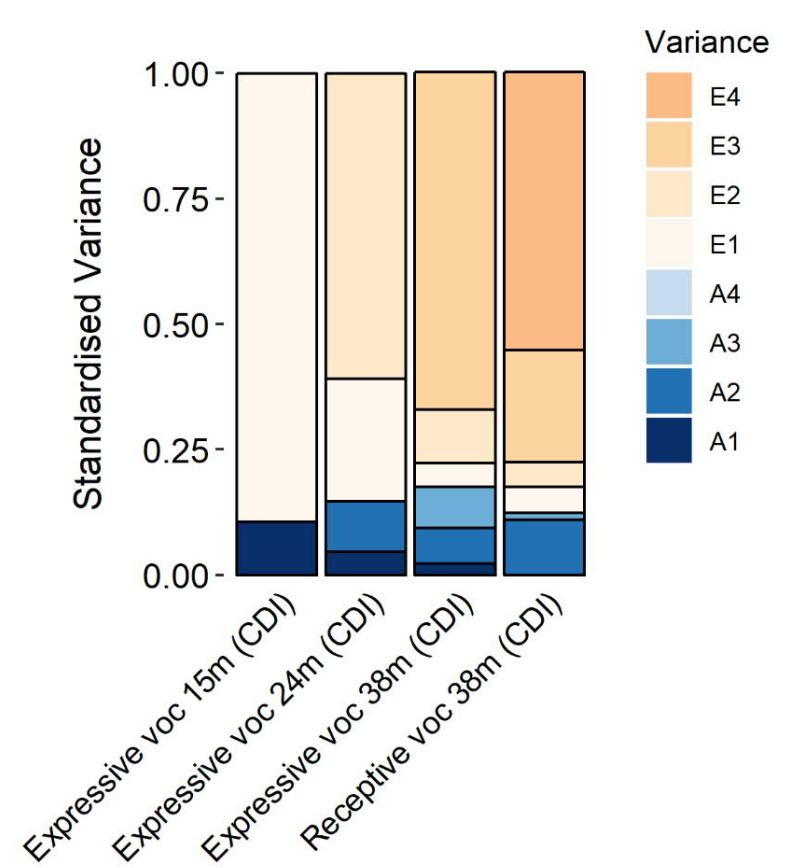


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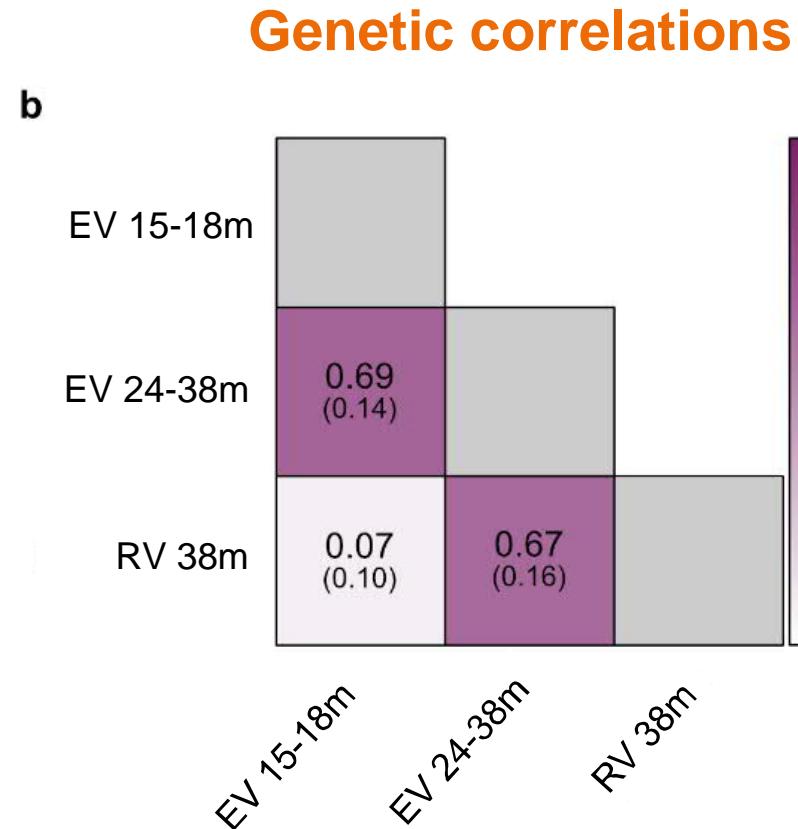
Paths are shown for path coefficients  $P < 0.05$  only



# Genetic influences across vocabulary development



7 cohorts  
 $N_{\text{individuals}} = 6,291 - 16,615$   
 $N_{\text{observations}} = 6,291 - 22,823$



Verhoef et al. *BioRxiv*. 2022

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M A X  
P L A  
N C K

Are the same genetic influences related to vocabulary size throughout early development?

No,  
multiple genetic factors contribute to individual differences in vocabulary size during the first few years of life.

# Early language and later cognitive development

- Early vocabulary (2-4 years) predicts vocabulary, but also aspects of syntax, figurative language and pragmatics at 12 years of age (*Hayiou-Thomas et al. 2012*)
- Vocabulary at 10 months predicts non-verbal skills at 10 years and school achievement at the end of primary school (*Hohm et al. 2007*)
- Delayed language abilities are associated with lower intelligence quotient (*Webster et al. 2006; Liao et al. 2015*)

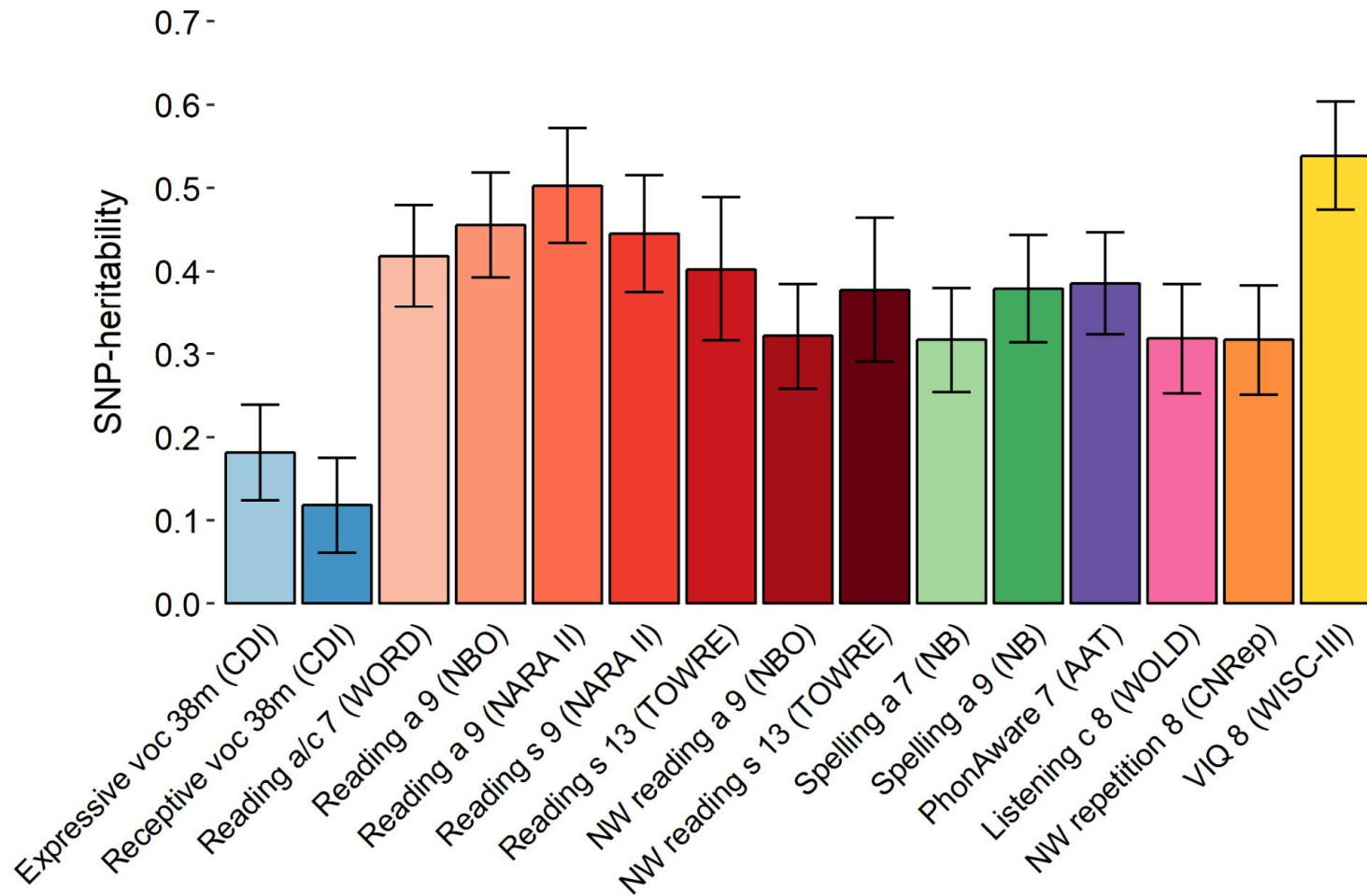
Do early-life vocabulary and  
later cognition-related abilities share genetic influences?

# Early-life vocabulary and later cognition-related abilities

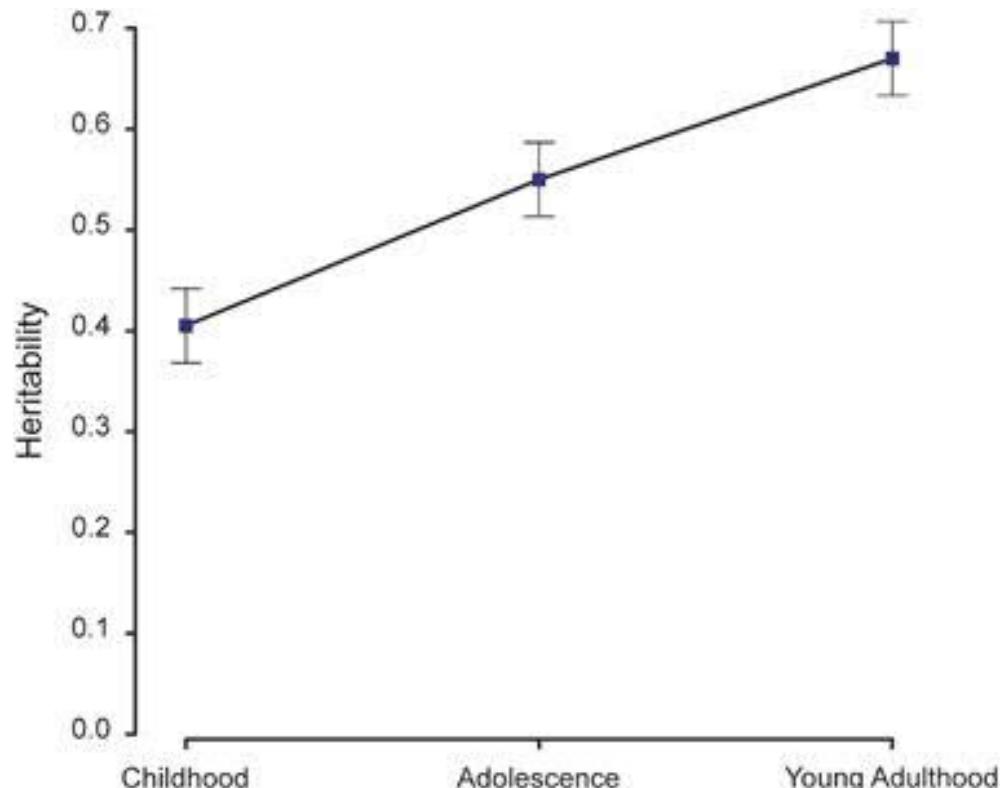


- Several psychological instruments
- Sample size > 4,000

Ability	Age (year)
Reading (comprehension, speed, accuracy)	7,9,13
Spelling (accuracy)	7,9
Non-word reading (speed, accuracy)	9,13
Phonemic awareness	7
Verbal intelligence	8
Listening comprehension	8
Non-word repetition	8



Bars represent standard errors



### Innovation

Novel genetic influences arise during development

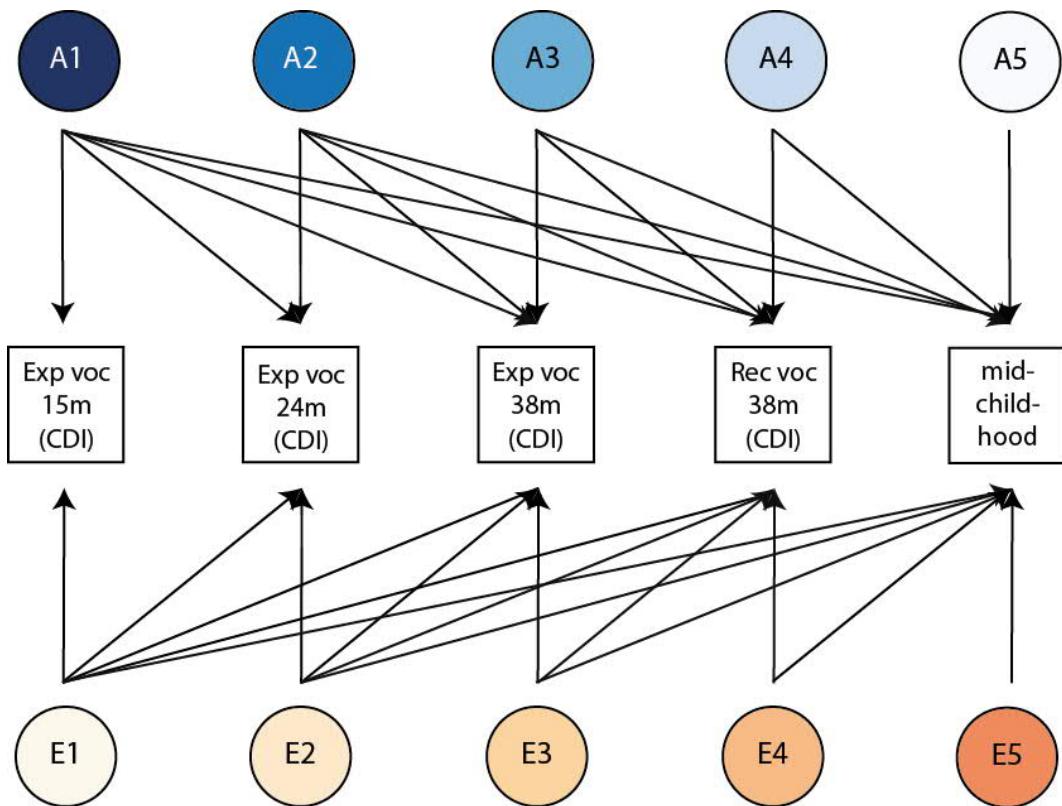
### Amplification

Early genetic influences become increasingly important with age

Plomin & Deary, 2015; Plomin & DeFries 1958, Briley & Tucker-Drob 2013

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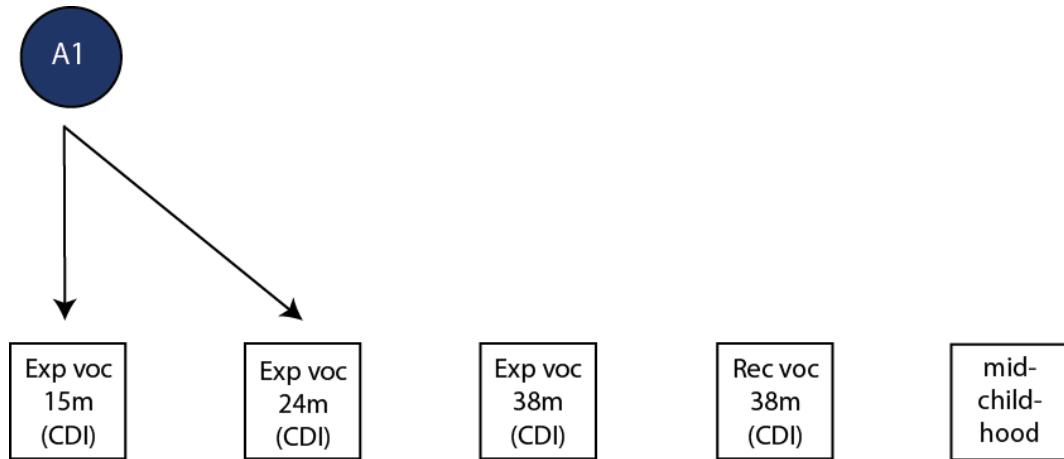
M A X  
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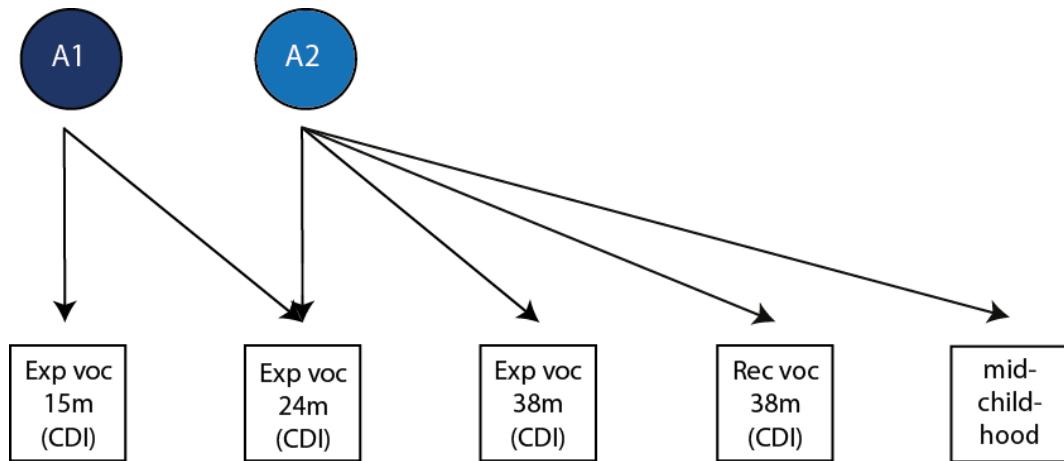
## Genetic-relationship-matrix structural equation modelling (grm-sem)

### 3 Cholesky decompositions

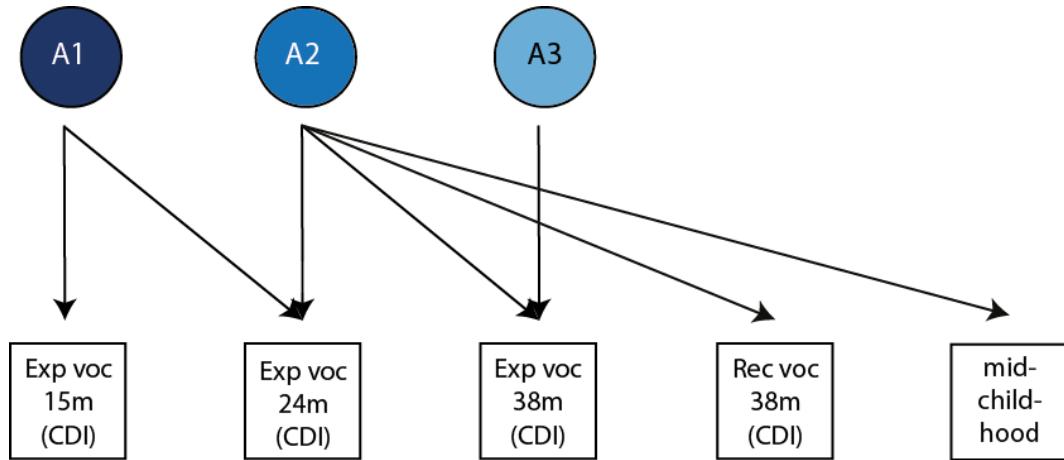
- Reading a/c 7 (WORD)
- VIQ 8 (WISC-III)
- PIQ 8 (WISC-III)



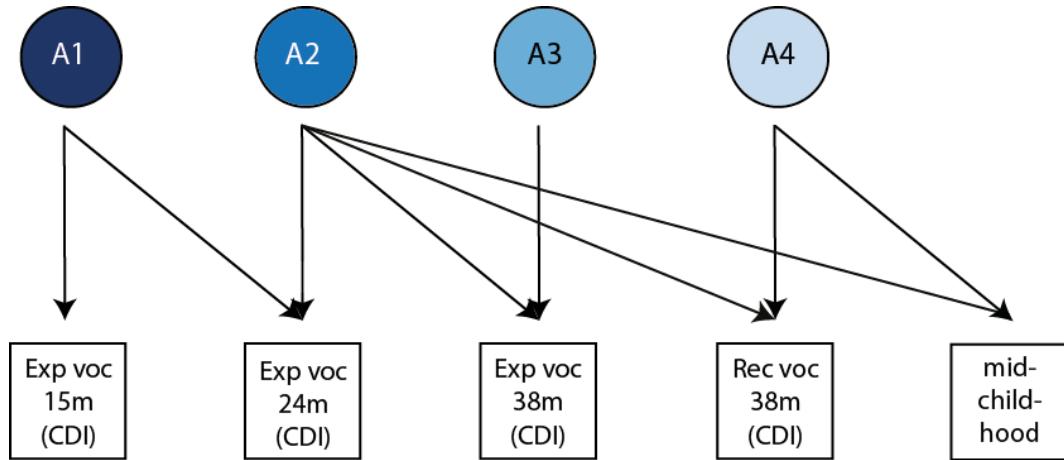
- A1 **unrelated** to all mid-childhood traits



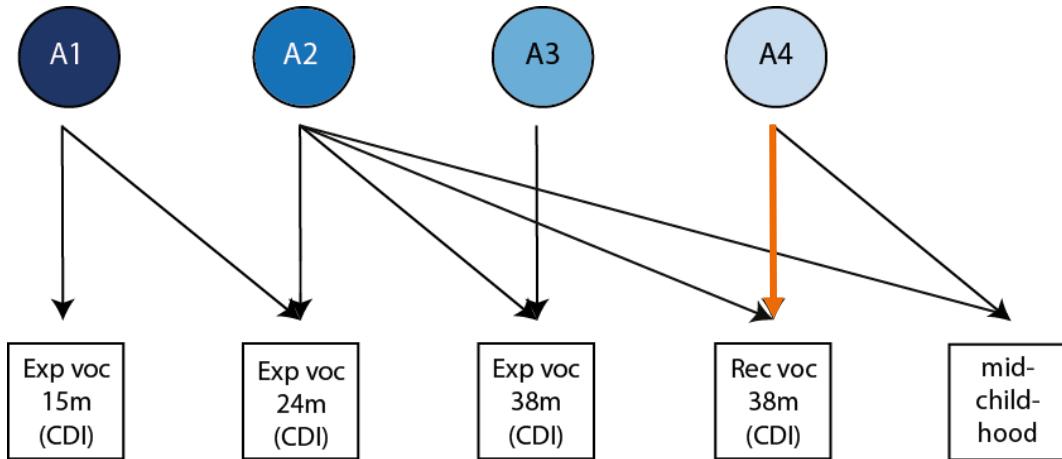
- A1 **unrelated** to all mid-childhood traits
- A2 **only related** to reading and VIQ



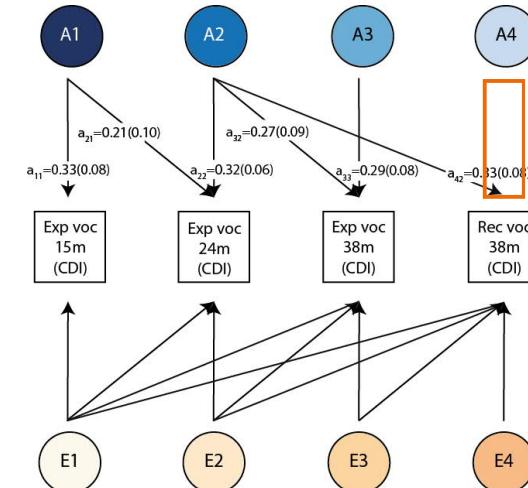
- A1 **unrelated** to all mid-childhood traits
- A2 **only related** to reading and VIQ
- A3 **unrelated** to all mid-childhood traits

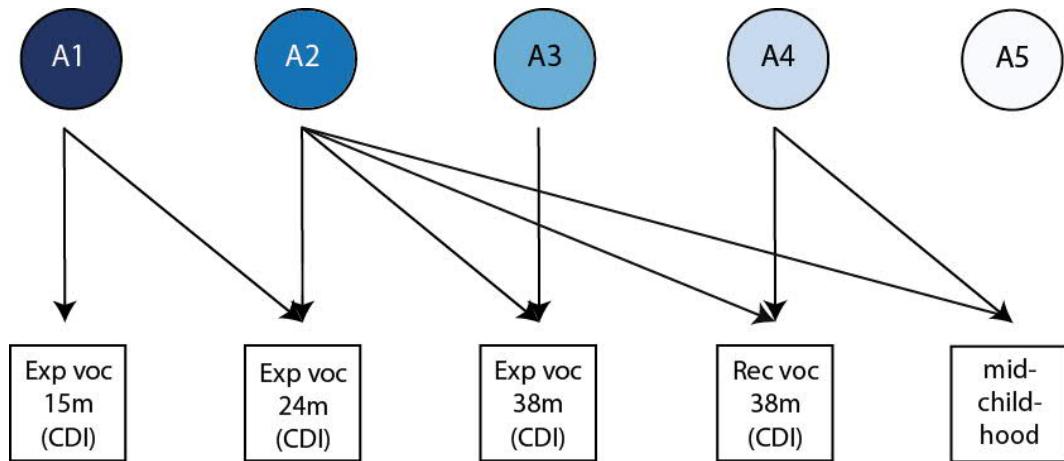


- A1 **unrelated** to all mid-childhood traits
- A2 **only related** to reading and VIQ
- A3 **unrelated** to all mid-childhood traits
- A4 **related** to all mid-childhood traits

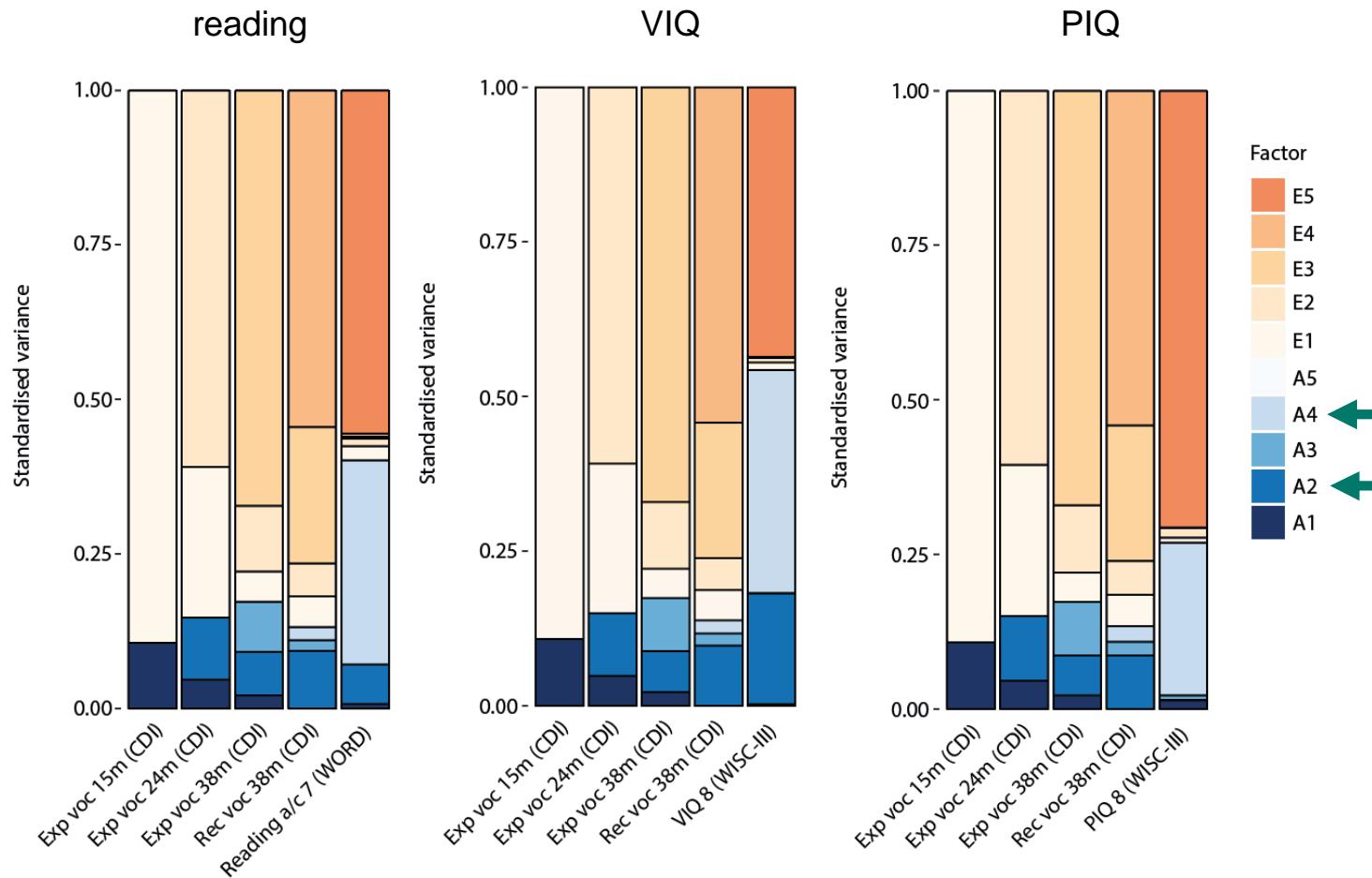


- A1 **unrelated** to all mid-childhood traits
- A2 **only related** to reading and VIQ
- A3 **unrelated** to all mid-childhood traits
- A4 **related** to all mid-childhood traits





- A1 **unrelated** to all mid-childhood traits
- A2 **only related** to reading and VIQ
- A3 **unrelated** to all mid-childhood traits
- A4 **related** to all mid-childhood traits
- No evidence for A5

**Innovation**

Novel genetic influences arise during development

**Amplification**

Early genetic influences become increasingly important with age

## Do early-life vocabulary and later cognition-related abilities share genetic influences?



**Yes**, verbal cognitive processes are genetically linked to word production at 2 years of age, while more general cognitive processes are related to genetic influences emerging for receptive vocabulary 3 years of age.



**EAGLE**  
EARLY GENETICS & LIFECOURSE  
Epidemiology Consortium

49 | M A X  
P L A  
N C K

## Genetic correlations



**EAGLE**  
EARly Genetics & Lifecourse  
Epidemiology Consortium

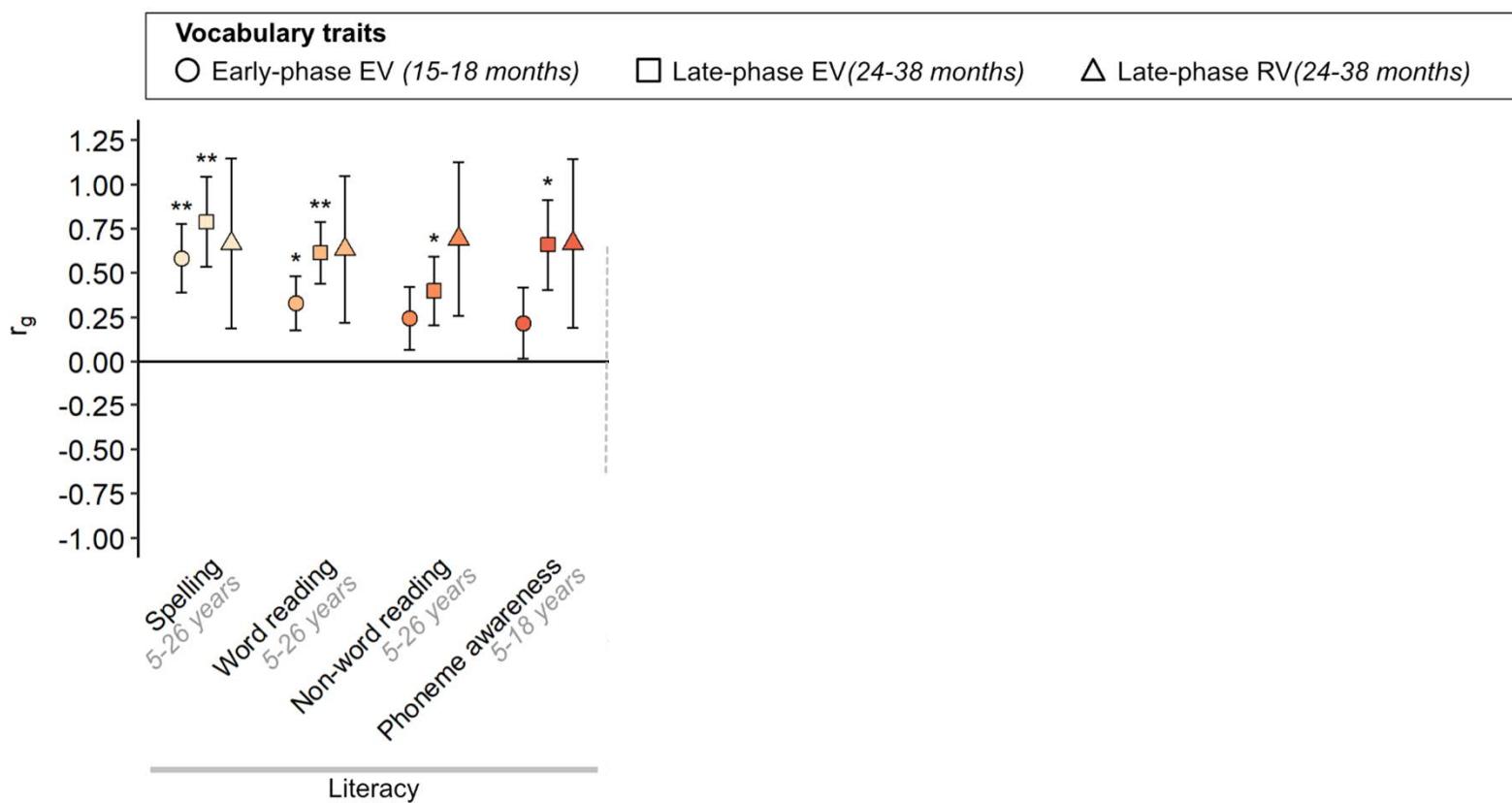


Verhoef et al. BioRxiv. 2022

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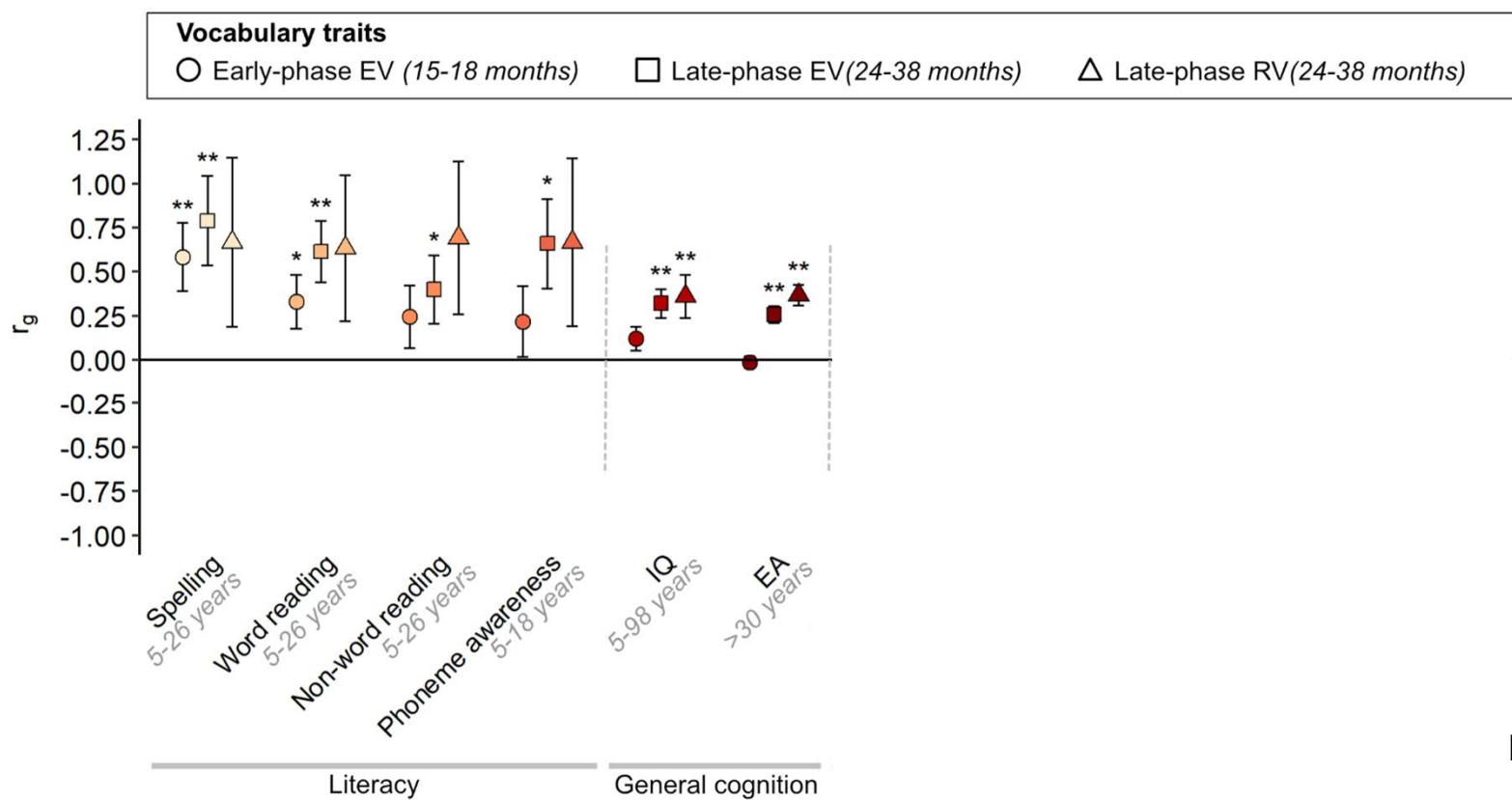
M A X  
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## Genetic correlations



Verhoef et al. BioRxiv. 2022

## Genetic correlations



Verhoef et al. BioRxiv. 2022

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M	A	X
P	L	A
N	C	K

## Do early-life vocabulary and later cognition-related abilities share genetic influences?



**Yes**, verbal cognitive processes are genetically linked to word production at 2 years of age, while more general cognitive processes are related to genetic influences emerging for receptive vocabulary 3 years of age.



**EAGLE**  
Early Genetics & Lifecourse  
Epidemiology Consortium

**Yes**, literacy abilities are genetically linked to word production, also in infancy, while more general cognitive processes are related to genetic influences emerging in toddlerhood.

# Early language and childhood-onset NDCs

## ADHD

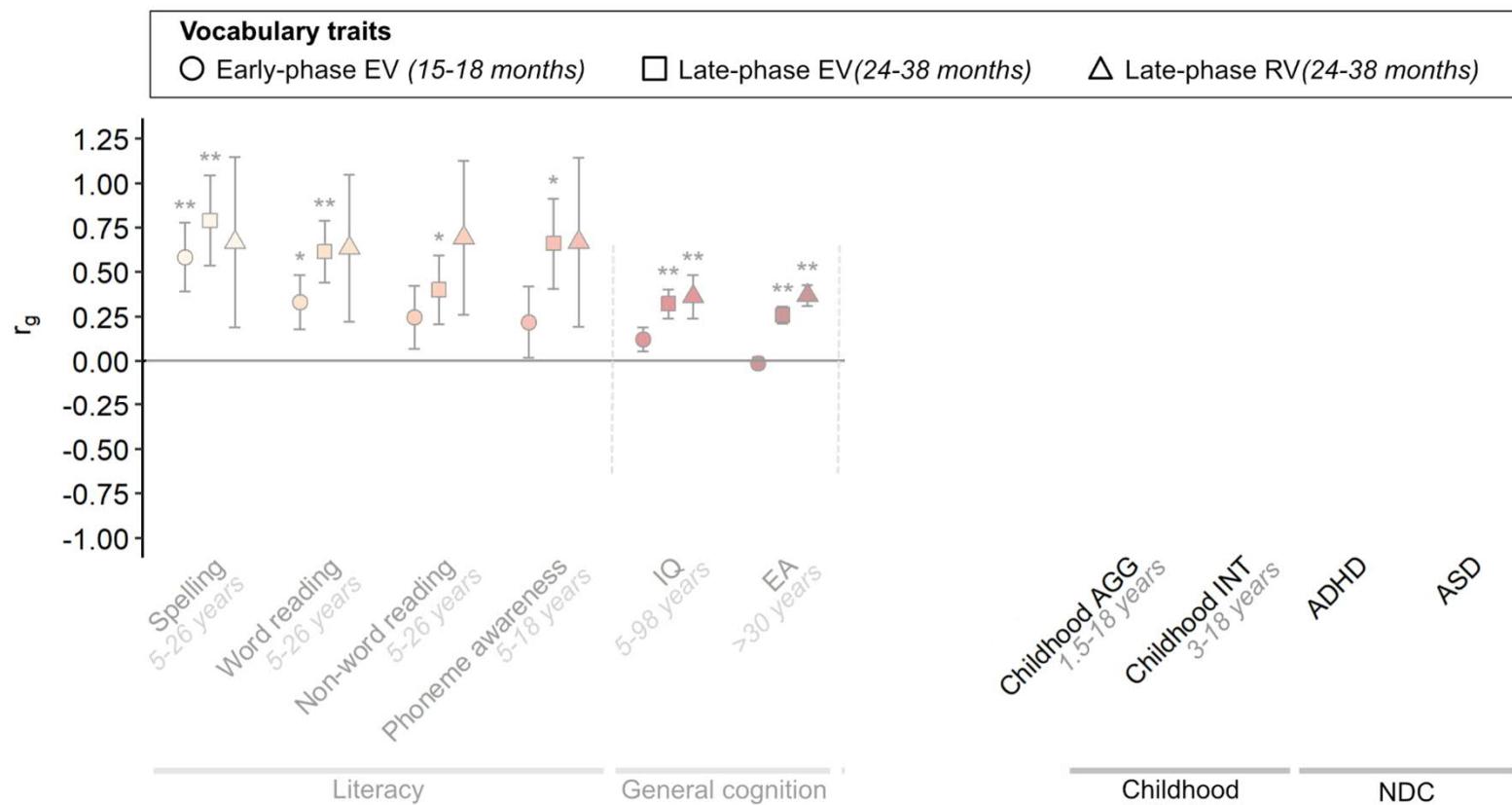
- Poor language skills at 3 years of age were predictive of inattention and hyperactivity at 5 years of age (*Peyre et al. 2016*)
- Genetic overlap of mid-childhood language & literacy abilities with ADHD risk (*Verhoef et al. 2019*)

## ASD

- Wide phenotypic spectrum (*Tager-Flusberg et al. 2005*)
  - Little or no spontaneous speech by school age (*Ozonoff et al. 2000*)
  - Few language problems (*Ozonoff et al. 2000*)

Are genetic influences related to early-life vocabulary  
associated with childhood-onset  
neurodevelopmental conditions (NDCs)?

# Early-life vocabulary, childhood behaviour and NDCs



\*  $P < 0.05$

\*\*  $P < 5.57 \times 10^{-3}$

Bars represent standard errors

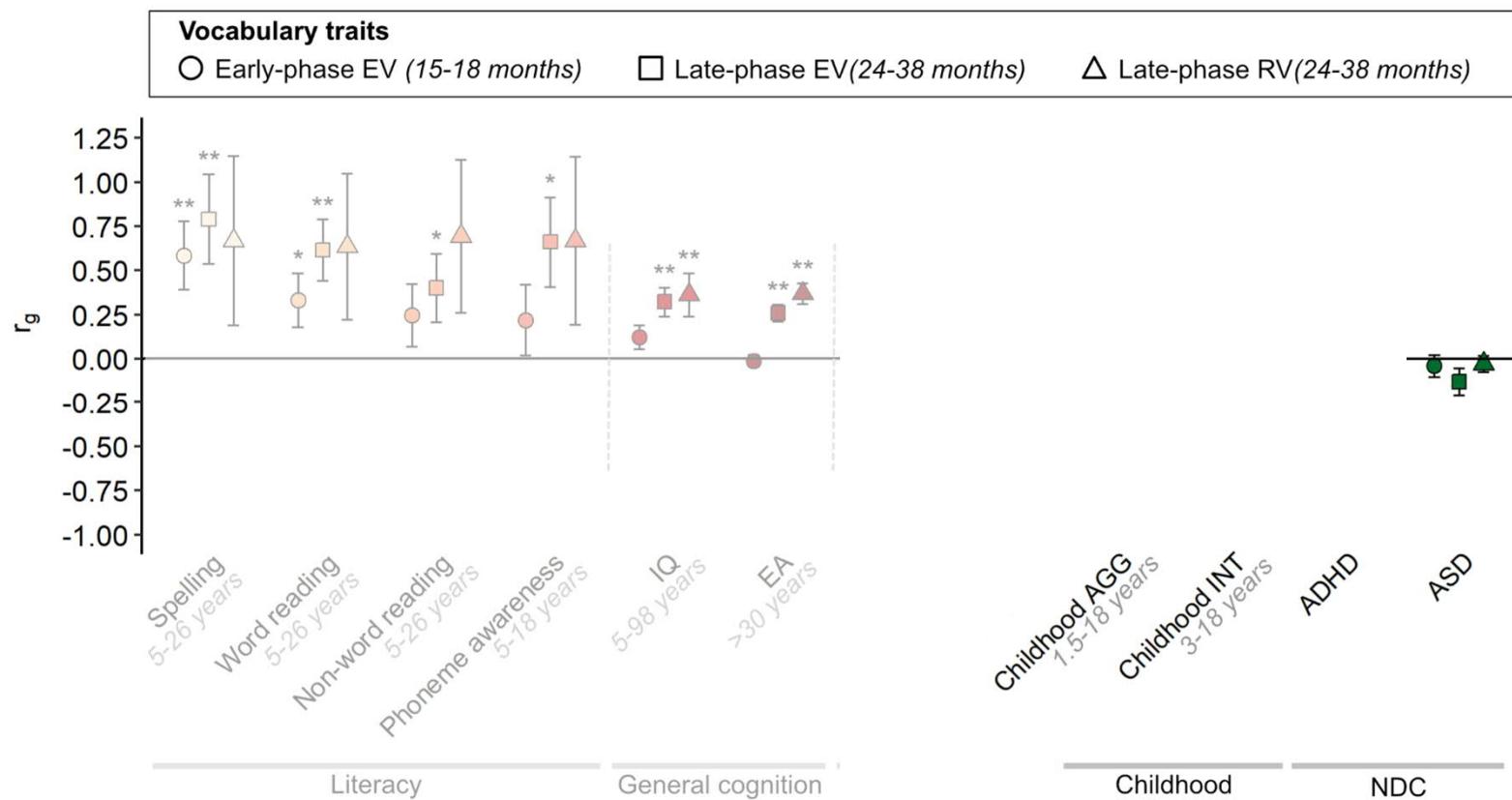


Verhoef et al. BioRxiv. 2022

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M A X  
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# Early-life vocabulary, childhood behaviour and NDCs

\*  $P < 0.05$ \*\*  $P < 5.57 \times 10^{-3}$ 

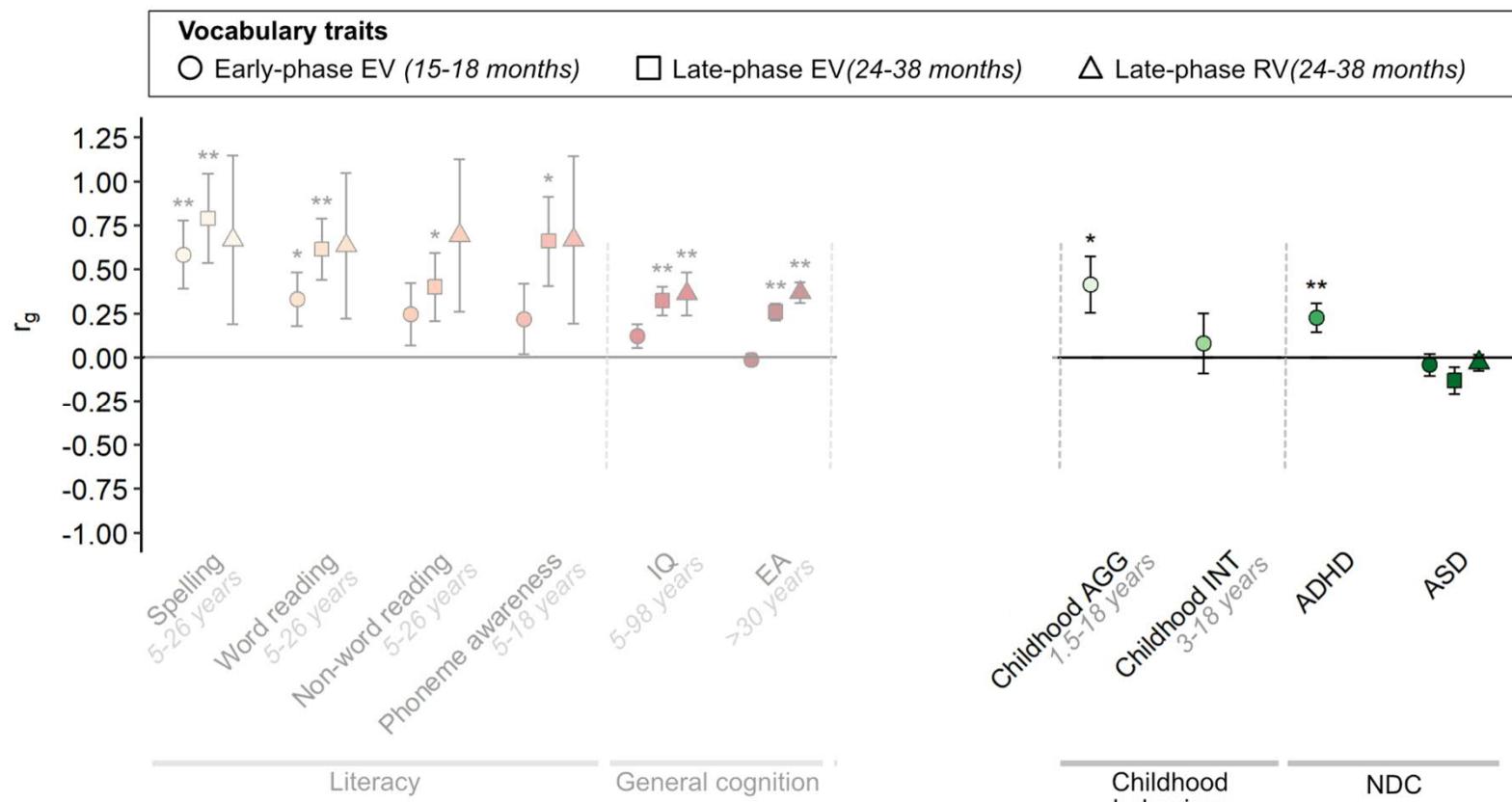
Bars represent standard errors


**PGC** iPSYCH
Verhoef et al. *BioRxiv*. 2022

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**M A X**  
**P L A**  
**N C K**

# Early-life vocabulary, childhood behaviour and NDCs



\*  $P < 0.05$

\*\*  $P < 5.57 \times 10^{-3}$

Bars represent standard errors

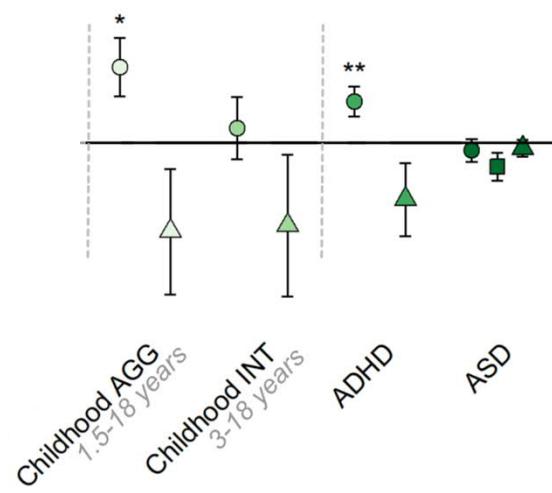
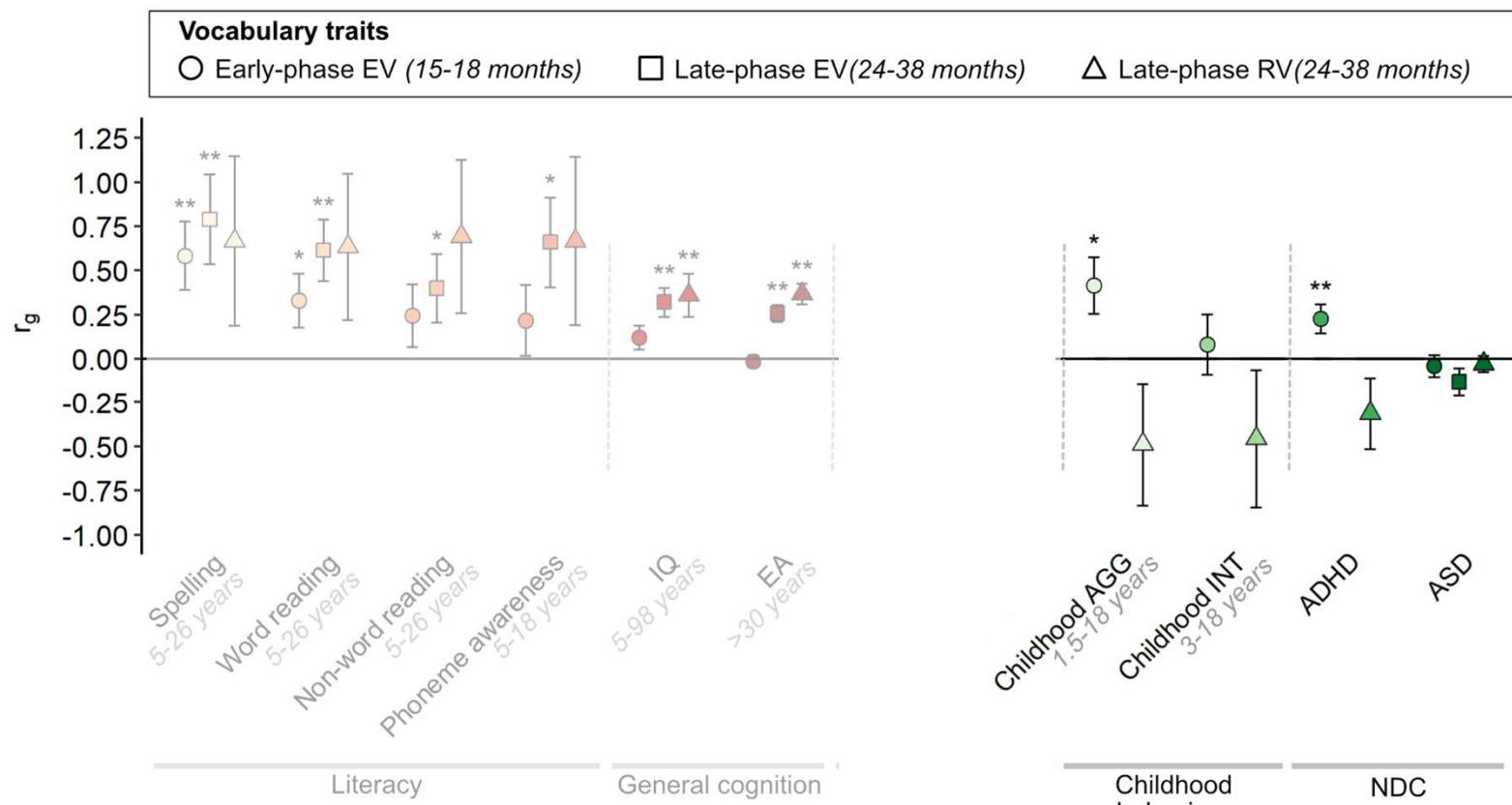


Verhoef et al. BioRxiv. 2022

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M A X  
P L A  
N C K

# Early-life vocabulary, childhood behaviour and NDCs



\*  $P < 0.05$

\*\*  $P < 5.57 \times 10^{-3}$

Bars represent standard errors

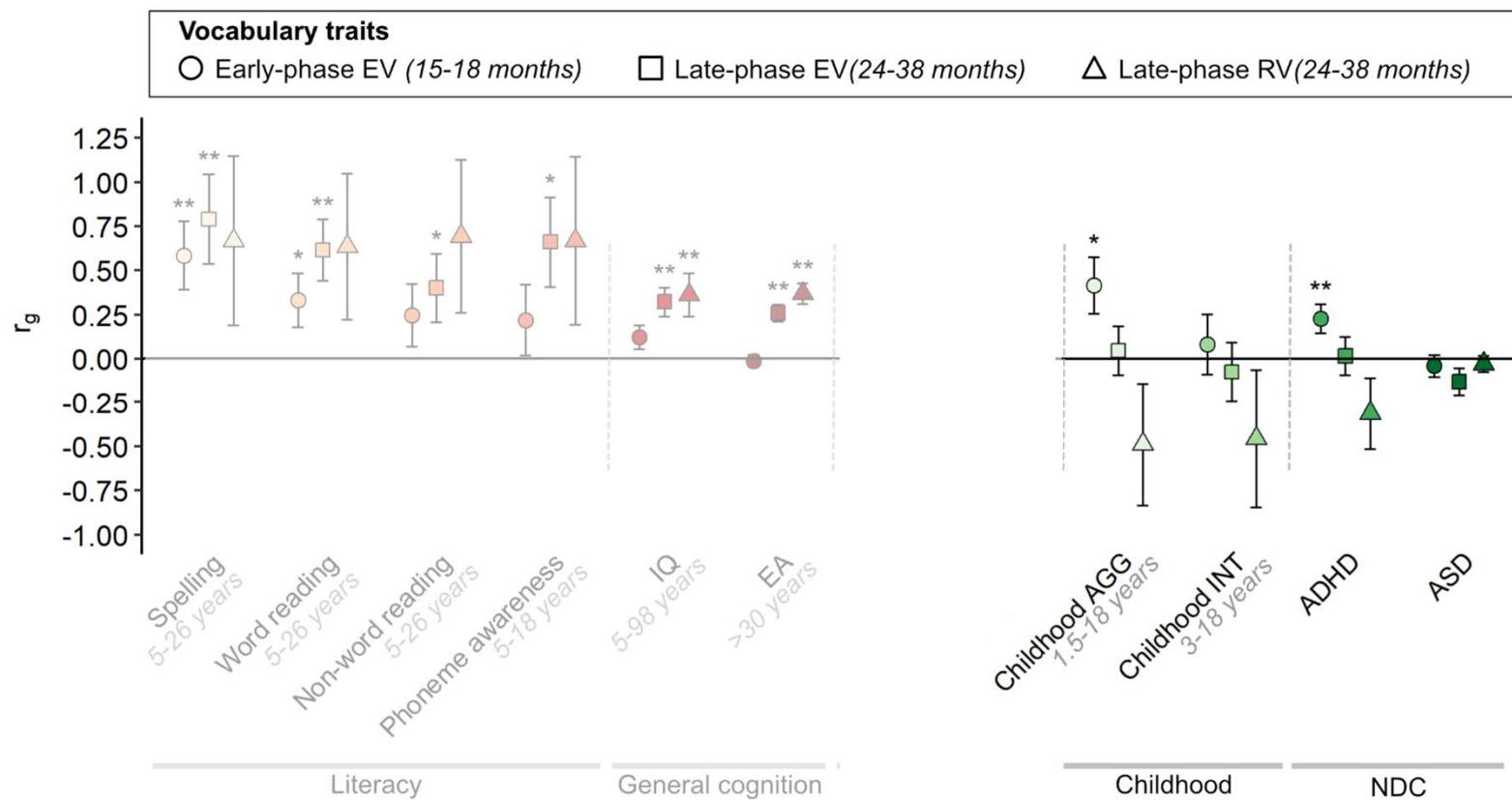


Verhoef et al. BioRxiv. 2022

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M A X  
P L A  
N C K

# Early-life vocabulary, childhood behaviour and NDCs



\*  $P < 0.05$

\*\*  $P < 5.57 \times 10^{-3}$

Bars represent standard errors



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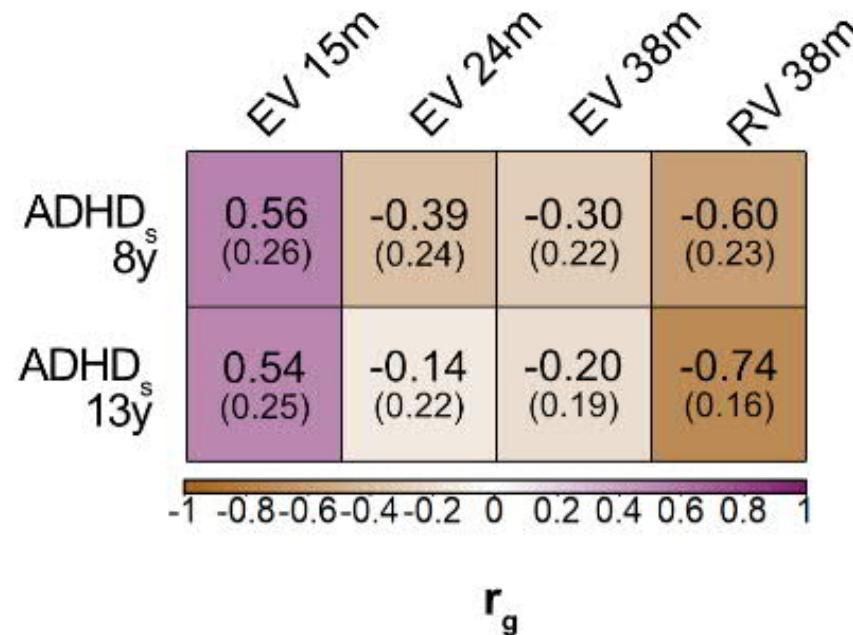
M A X  
P L A  
N C K

# Genetic links of early-life vocabulary with ADHD

## Genetic correlations



N≤6,524



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M A X  
P L A  
N C K

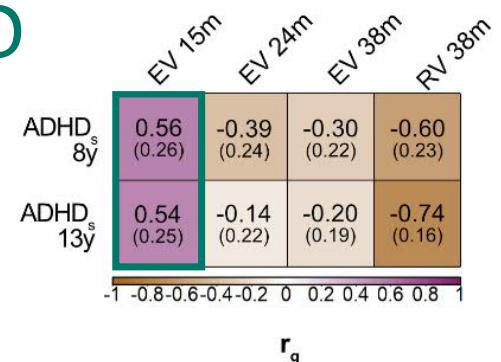
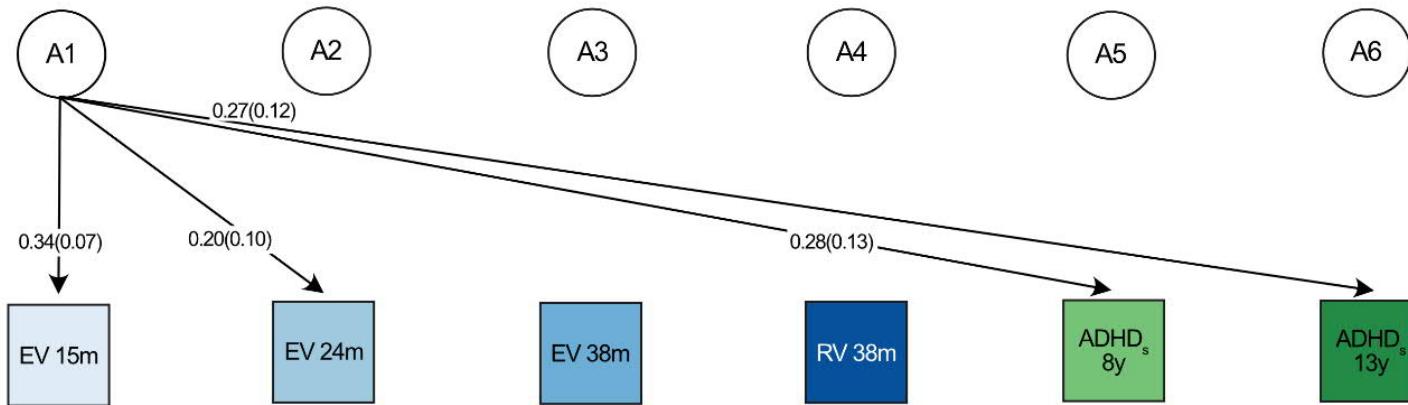
# Genetic links of early-life vocabulary with ADHD

Genetic-relationship-matrix  
structural equation  
modelling (grm-sem)

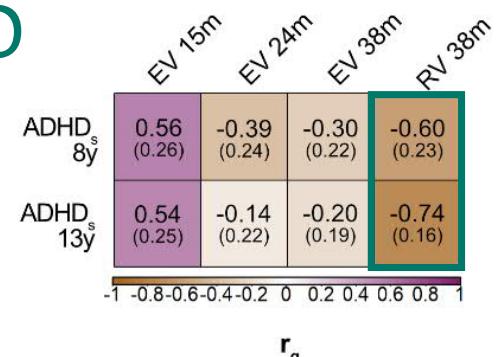
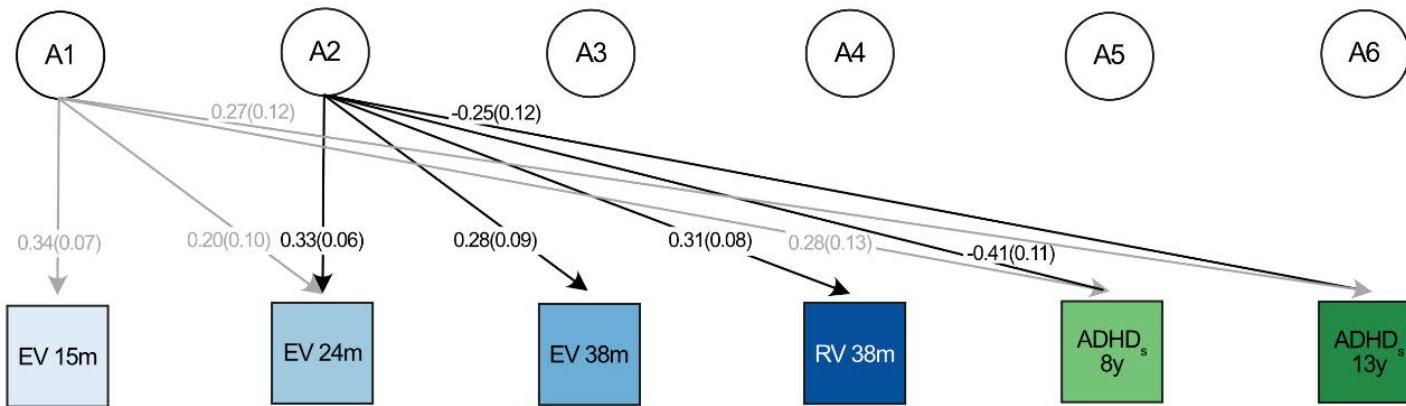
Cholesky decomposition



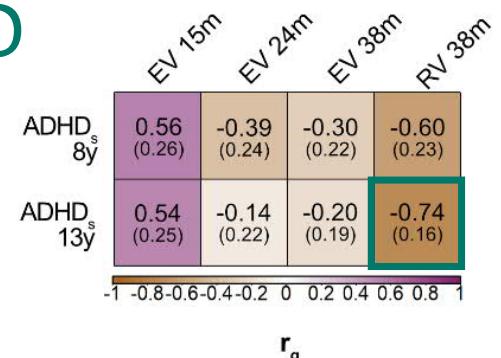
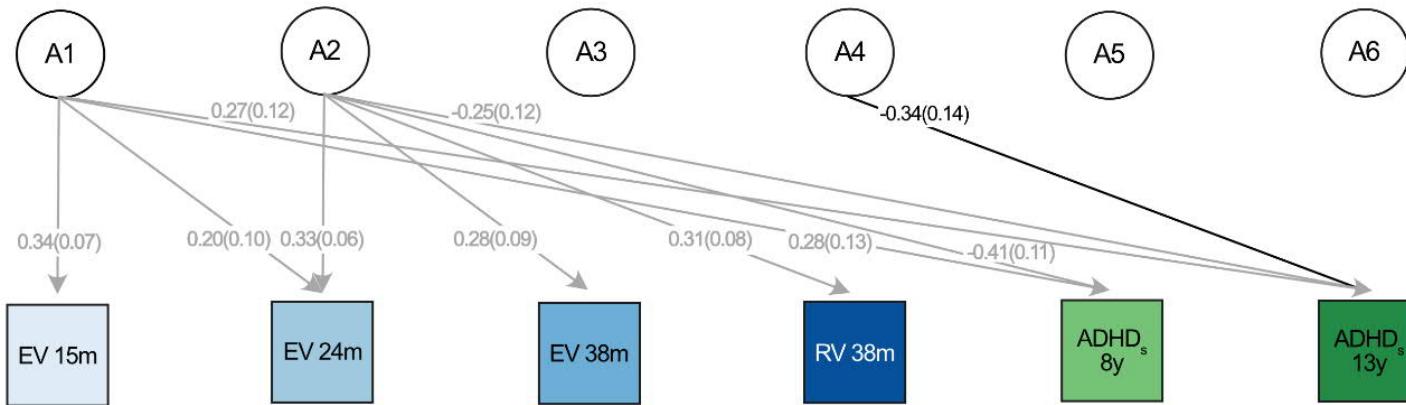
# Genetic links of early-life vocabulary with ADHD



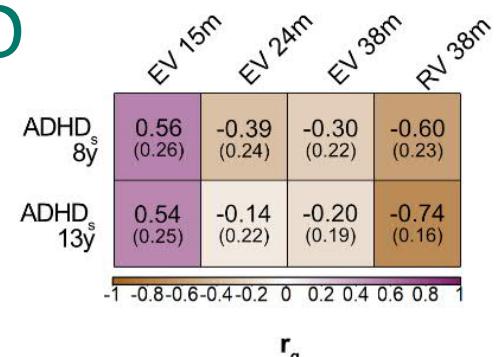
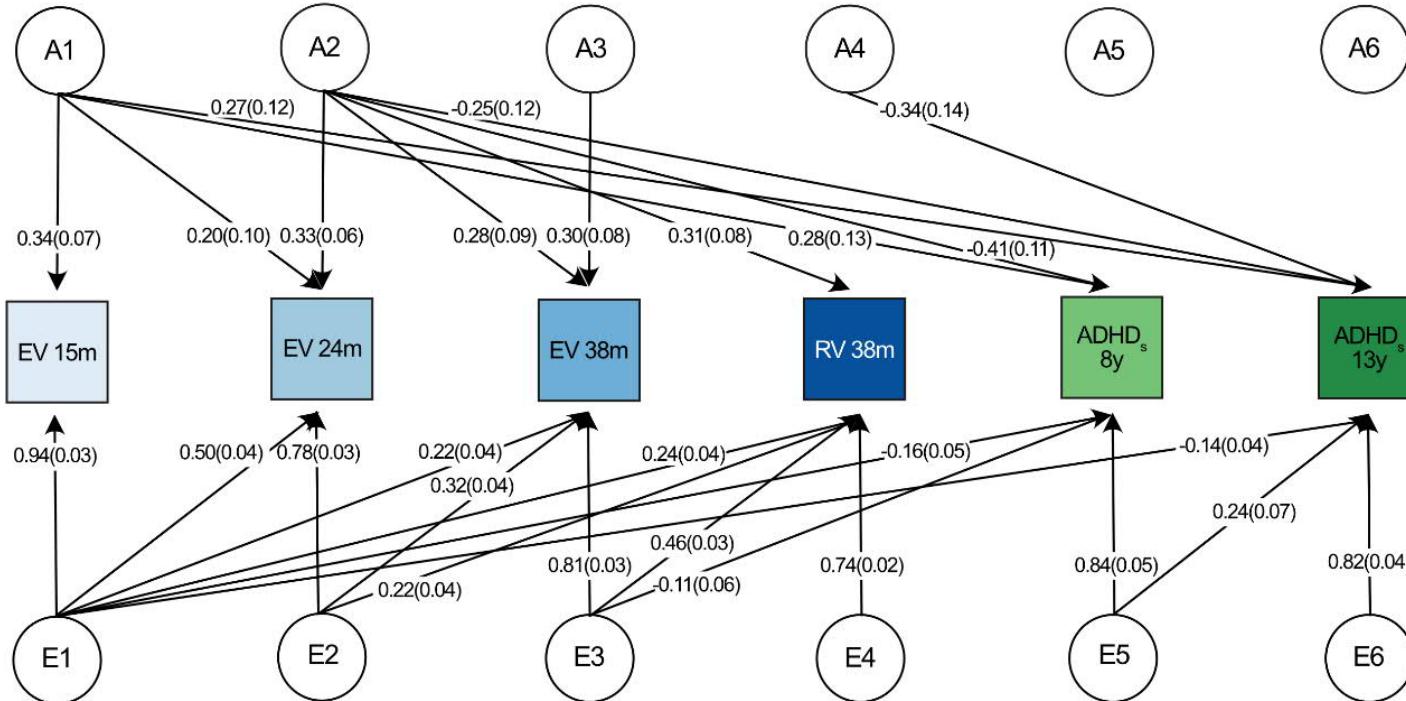
# Genetic links of early-life vocabulary with ADHD



# Genetic links of early-life vocabulary with ADHD



# Genetic links of early-life vocabulary with ADHD



Are genetic influences related to early-life vocabulary  
associated with childhood-onset  
neurodevelopmental conditions (NDCs)?

**Yes**, especially ADHD.  
Genetic relationships change, however, during development.

## Take home messages

- Genetic differences play a role in individual differences in vocabulary size.
- Multiple, independent genetic factors may play a role in vocabulary size during the first few years of life, suggesting developmental change.
- Genetic association patterns of early-life vocabulary measures with later-life traits, such as cognition and ADHD, match with developmental heterogeneity.

# Hypothetical interpretation

## Learning to speak



## Speaking to learn



- No genetic association with general cognition
- Genetic association with higher ADHD risk

- Genetic association with higher general cognition
- Genetic association with lower ADHD risk



Beate St Pourcain



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